## E3 British Rail

# PERIODICAL OPERATING NOTICE 

## CONTAINING

GENERAL INSTRUCTIONS

AND
NOTICES

## SATURDAY 4 AUGUST 1984

TO

## FRIDAY 5 OCTOBER 1984

INCLUSIVE

## ITEMS PUBLISHED FOR THE FIRST TIME IN THIS NOTICE

Note:- Items in this first section which have not been published in the Weekly Operating Notice are additionally noted by a vertical line in the margin.

## GENERAL APPENDIX

## PART 1—SECTION 3

## WORKING OF PASSENGER AND PARCELS TRAINS

## Page 3.13 LOCKING OF DOORS ON PASSENGER TRAINS

Add to clause 2.1 :-
The exterior doors of parcels vans at the extreme ends of the train must be locked.
Add new instructions:-
LOCKING OF DOORS ON PARCELS TRAINS: SECURITY OF TRAFFIC

1. All bodyside doors (apart from the brake van in which the Guard is riding) on all parcel trains (including multiple unit trains) must be locked, whether loaded or empty. Additionally, on multiple unit trains the gangway doors must be locked.
2. Doors which have been opened for traffic purposes must be re-locked before departure from a station.
3. When loaded vans may stand waiting to be attached to a train, both the bodyside doors and the gangway doors must be locked.
4. Bodyside doors of any vehicle in which newspaper or Post Office staff are riding, or those adjacent to a brake compartment where the Guard is riding, must not be locked. The Guard must lock the bodyside doors adjacent to his compartment when leaving his van unattended at a station and the gangway doors at each end of his van during the journey.
5. All windows in unattended vehicles must be kept closed.
(Amended)
[^0]
# EASTERN REGION SECTIONAL APPENDIX (NORTHERN AREA) (DATED 5 FEBRUARY 1983) 

Page inList of lines in the sequence used throughout the bookTable A
Page 9
ALDWARKE NORTH JN. (MID) TO LEEDS NORTH JN. AND BRANCHES Delete:-
Stairfoot Jn. to Cudworth Station Jn. ..... 81
Cudworth North Jn. to Monk Bretton ..... 81
Page 10
HULL YARDS AND DOCKS
Delete:-
Dairycoates West to Hessle Road North Branch ..... 120

TABLE A: DETAILS OF RUNNING LINES (NORTHERN AREA)








TABLE J-LOCOMOTIVES ASSISTING IN REAR OF TRAINS


## LOCAL INSTRUCTIONS

DARLINGTON SOUTH JN. TO SALTBURN

Page 272

## Add:-

## THORNABY

Empty DMUs from Middlesbrough to Thornaby M.P. Depot
If it is not possible for the Driver to walk through the unit to change ends, the train should be stopped in Thornaby Up Platform for the Driver to change ends.

The Guard must be advised in order that he may ride in the leading cab during the shunting movement from the Up Platform to the point where the movement changes direction.

## M.G.R. TRAIN WORKING AND OPERATING AT RAPID LOADING/UNLOADING INSTALLATIONS (COLLIERIES, POWER STATIONS ETC.) (B.R. 330059/5)

Page 16

## GASCOIGNE WOOD DRIFT

Paragraph 1.
Amend:-

1. An arriving train on Bunker Line 1 must, when signal $C .15$ is cleared, be hauted through the bunker at a speed not exceeding 3 mph for tare weighing and be brought to a stand with the locomotive immediately on the approach side of the hand points giving access to Bunker Line 2.

## Paragraph 2.

Amend:-
The locomotive must then be run round via the hand points and no. 2 line to the rear of signal C.16.
M.G.R. TRAIN WORKING AND OPERATING AT RAPID LOADING/ UNLOADING INSTALLATIONS (COLLIERIES, POWER STATIONS etc.) (B.R. 30059/5).-continued

## Page 31

## BLYTH POWER STATION

## 1. Working of Trains, East Hopper Lines

1.2

Add as final sentence :-
The locomotive cab doors must be kept closed whilst the locomotive passes through the Hopper House.

## 1.3

Delete the words:- "at the rate of six wagons at a time."

### 1.6 Speed Limits

Amend:-
Over gross and tare weighbridges .. .. .. .. 5 m.p.h.
Through Hopper House, whilst discharging .. .. .. $\frac{1}{2}$ m.p.h.
Over remainder of lines .. .. .. .. .. .. 15 m.p.h.
2. Working of Trains: West Hopper Lines
2.1

Delete the words from third line :- "on a Stop/start basis."

### 2.5 Speed Limits

Amend:-
Over gross and tare weighbridges .. .. .. .. 5 m.p.h.
Through Hopper House whilst discharging .. .. .. $\frac{1}{2}$ m.p.h.
Over remainder of lines .. .. .. .. .. .. 15 m.p.h.

## $\%$

## MISCELLANEOUS NOTICES

## WORKING INSTRUCTIONS FOR O.M.O. OPERATION OF FULLY FITTED TRAINS NOT CONVEYING PASSENGERS (BR. 33076/4)

This publication has now been withdrawn. The Instructions previously contained in Party ' $A$ ' thereof are now incorporated in the Rule Book or other relevant publication whilst those in Part ' $B$ ' are to be transferred to the appropriate Regional Sectional Appendix, as necessary.

## *: * RELEASE OF HANDBRAKES

Attention has been drawn by the Director of M. \& E. Engineering to vehicles sustaining scaled or flat wheels as a result of handbrakes being left on.
Staff are reminded that it is essential for all handbrakes to be fully released on all vehicles on departure.

## CONTENTS

Page
Rule Book (B.R. 87109)
Working Instructions for A.C. Electrified Lines (B.R.29987) ..... 2
Extracts from Working Instructions for A.C. Electrified lines (B.R. 29988) ..... 3
Regulations for Train Signalling and Signalmen's General Instructions (B.R.29960, and 30062) ..... 4
General Appendix (B.R. 29944) ..... 6
Working Manual for Rail Staff (B.R.30054) ..... 10
Eastern Region Sectional Appendix (Northern Area). Dated 5th February 1983 (B.R.30018) ..... 12
Train Crew Manual (B.R.33056) ..... 91
Working Instructions for Class 253/254 Trains (B.R.33069/2) ..... 92 Dated October, 1980
M.G.R. Train Working and Operating at Rapid Loading/ Unloading Installations (Collieries, Power Stations etc.) (B.R. 30059/5) ..... 93
Miscellaneous Notices ..... 95

## RULE BOOK

## Section B, clause 5.4.5

Amend first paragraph to :-
When a Signalman wishes to instruct a Driver to pass a signal at Danger he must speak to him directly, except that such instructions may be passed via a Handsignalman or Pilotman, or, where expressly permitted in these rules and instructions, another person.
Section C, clause 6.1
Delete "and/or bells" from second line of sub-clause (viii)

## Section E

Add new Clause 5.5:-
5.5 Power Operated Points-Maintenance Work
5.5.1 Should it be necessary for the points to be moved to enable trains to pass over them during maintenance work involving disconnection of the point operating control or detection, this may only be done under the authority of a Handsignalman appointed to act in accordance with the Signalman's instructions.
5.5.2 If the $S \& T$ Technician requires to use a pump or crank handle to move points for testing purposes during or at completion of maintenance work, this must only be done after he has reached a clear understanding with the Signalman.

## WORKING INSTRUCTIONS FOR A.C. ELECTRIFIED LINES (B.R. 29987)

## Page 31

Clause 10 second paragraph 7th line
Amend reference to clause ' 3.2 and $3.3^{\prime}$ to 'clause 3.3'.
Page 41 (Supplement No. 1)-Instruction 16A
Add NOTE at end of clause (1) (i) :-
NOTE: The above arrangement is prohibited in respect of wagons on the Up and Down Moorgate lines between Kentish Town Station and Moorgate (London Midland Region).

Add NOTE at end of clause (2):-
NOTE: The above arrangement is prohibited in respect of vehicles on the Up and Down Moorgate lines between Kentish Town Station and Moorgate (London Midland Region).

## Pages 117 and 118

Clause 76 Page 118 Section $M$ Clause 3.2
Amend sub-heading to read:-
"Section M clause 3.3".
Last line of first paragraph
Amend reference to:-
Clause 3.2.1' to 'clause 3.3'.

## Pages 118/119

## Delete Instruction 78 and substitute:-

## 78. Driving from the leading cab

ELECTRIC MULTIPLE UNIT TRAINS MUST BE DRIVEN FROM THE LEADING CAB except as shown in Instruction 109 and during shunting operations when the train may be driven from the rear cab provided the following instructions are observed:-
(a) Speed must not exceed 5 mph .
(b) The guard or shunter must ride in the leading cab.
(c) He must keep a good look-out, operate the warning horn as necessary and carefully observe all signals.
(d) He must signal to the driver as necessary by means of the buzzer communication provided and be prepared to stop the movement by application of the emergency brake.
(e) He must ensure that the door between the leading cab and the rest of the vehicle (where provided) is unlocked to provide a means of exit in emergency.
In the following circumstances, however, trains MUST ALWAYS be driven from the leading cab:-
(a) When entering a carriage or repair shed.
(b) When approaching buffer stops.
(c) When proceeding onto another train.
(d) When buzzer communication between guard/shunter and driver is not available.

Page 128
Instruction 100, Bell codes.
Amend 3rd entry to :-
Slow down 4 rings.

## EXTRACTS FROM WORKING INSTRUCTIONS FOR A.C. ELECTRIFIED LINES B.R. 29988

## Page 13

Clause 10 second paragraph 7th line
Amend reference to:-
'Section M clauses 3.2 and $3.3^{\prime}$ to 'Section $M$ clause 3.3'.
Page 22 (Supplement No. 1)-Instruction 16A
Add NOTE at end of clause (1) (i) :-
NOTE: The above arrangement is prohibited in respect of wagons on the Up and Down Moorgate lines between Kentish Town Station and Moorgate (London Midland Region).
Add NOTE at end of clause (2)
NOTE: The above arrangement is prohibited in respect of vehicles on the Up and Down Moorgate lines between Kentish Town Station and Moorgate (London Midland Region).

## REGULATIONS FOR TRAIN SIGNALLING AND SIGNALMEN'S GENERAL INSTRUCTIONS (BR 29960 AND 30062)

Page 1:-
Delete from 'Contents' the first five entries referring to Pages 2, 41, 44, 47 and 52 respectively.

Pages 2 to 40 inclusive:-
REGULATIONS FOR TRAIN SIGNALLING ON DOUBLE LINES BY THE ABSOLUTE BLOCK SYSTEM

Delete all Regulations.

Pages 41 to 43 inclusive:-
INSTRUCTIONS TO BE OBSERVED AT BOXES WHERE ROTARY INTERLOCKING BLOCK INSTRUMENTS ARE IN USE

Delete all Instructions.
Pages 44 to 46 inclusive:-
INSTRUCTIONS IN RESPECT OF TRAINS CONVEYING OUT-OF-GAUGE AND EXCEPTIONAL LOADS

Delete al! instructions.

Pages 47 to 51 inclusive:-
SUPPLEMENTARY REGULATIONS FOR TRAIN SIGNALLING ON DOUBLE LINES WHERE INTERMEDIATE BLOCK SIGNALS CONTROLLED FROM THE SIGNAL BOX IN REAR ARE PROVIDED

Delete all Regulations.
Pages 52 to 58 inclusive:-
REGULATIONS FOR TRAIN SIGNALLING BY THE PERMISSIVE BLOCK SYSTEM

Delete all Regulations.

## REGULATIONS FOR TRAIN SIGNALLING ON SINGLE LINES BY THE ELECTRIC TOKEN BLOCK SYSTEM

## Regulation 3

## LOCOMOTIVES AND LOCOMOTIVES AND BRAKE VANS COUPLED TOGETHER

Delete and substitute:-

## LOCOMOTIVES AND BRAKE VANS COUPLED TOGETHER

Two or more light locomotives coupled together must be signalled as a light locomotive.
A light locomotive hauling one or more "dead" locomotives must be signalled in accordance with the General Appendix instructions.
A locomotive(s) with a brake van(s) attached must be signalled as a freight train. In each case the Signalman in advance must be advised the formation.

## REGULATIONS FOR TRAIN SIGNALLING AND SIGNALMEN'S GENERAL INSTRUCTIONS (B.R. 29960 AND 30062)-continued

## Regulation 10

## LOCOMOTIVE ASSISTING IN REAR OF TRAIN

Delete Clauses (a) to (d) inclusive and substitute:-
(a) After the Train entering section signal has been sent and acknowledged for a train assisted by a locomotive in rear the Locomotive assisting in rear of train signal (2-2) must be sent to the Signalman in advance. The signal must at once be recorded in the train register.
(b) If the train is assisted in rear by more than one locomotive the Signalman in advance must be advised of the formation. Both Signalmen must record the formation in the train register.
(c) The Train out of section signal must not be sent until the assisting locomotive(s) has arrived.
(d) If the assisting locomotive(s) does not proceed into the section after the Locomotive assisting in rear of train signal has been acknowledged the Signalman must advise the Signalman in advance accordingly and each Signalman must make an appropriate entry in the train register.
Regulation 14 (October 1972 book only)
Clause (a)
Delete the words "or Pilotman's ticket" from the 4th line of clause (i) and 5 th and 6 th lines of clause (ii).
Regulation 15(a)
Amend first paragraph to read :-
(a) When it is necessary, in accordance with Regulations 12 and 17, to ascertain if the line is clear, any train except a Class 9 may be allowed to enter the section for the purpose, provided:-
Regulation 17 (Loose leaf edition only)
Clause (a), second paragraph
Add a comma between the words "off" and "a" at the end of the second line.
Regulation 19(d)
Amend 'Class 7, 8 or 9 ' to read 'Class 9 '

## REGULATIONS FOR TRAIN SIGNALLING ON SINGLE LINES BY THE TOKENLESS BLOCK SYSTEM

## Regulation 15(a)

Amend first paragraph to read:-
(a) When it is necessary, in accordance with Regulations 12 and 17, to ascertain if the line is clear, any train except a Class 9 may be allowed to enter the section for the purpose, provided:-

## Regulation 19(d)

Amend 'Class 7, 8 or 9 ' to read 'Class 9'

## ABSOLUTE BLOCK REGULATIONS—REGULATION 11 FAILURE OF.BLOCK SIGNALLING EQUIPMENT

Until such time as the Block Restoration Ticket is reprinted, the existing form, should be used and amended as follows:-

Regulation number in heading to read Regulation 11
Regulation 25(a)(iii) at the end of the first paragraph to read Regulation 11, clause 11.3.

## GENERAL APPENDIX

## INDEX FOR PART I

| Page (iii) | Civil Engineer's Track Recording Coach (DB 999550) Amend page reference to 4.26 . |
| :---: | :---: |
| Page (iv) | Delete:-Electrically Operated Points-Maintenance Work. |
| Page (v) | Delete:-Maintenance Work-Electrically Operated Points. |
| Page (vi) | Officer's Specials. |
|  | Amend page reference to 1.41. |

Page (vii) Add:Power Operated Points .. .. .. .. Page 1.52

PART 1-SECTION 1 GENERAL OPERATING INSTRUCTIONS

## INDEX

Page 1.2 Delete:-Electrically Operated Points—Maintenance Work. Delete:-Maintenance Work—Electrically Operated Points.

Page 1.3 Add:-
Power Operated Points
Page 1.52

## Pages 1.52 and 1.53 ELECTRICALLY OPERATED POINTS—MAINTENANCE WORK

Delete heading and instructions and substitute:-
POWER OPERATED POINTS

1. Should the points fail, the Signalman must immediately send for the person appointed to operate the points by hand. This person may also act as Handsignalman.
2. Persons appointed to operate power worked points by hand must have been passed as competent to do so.
3. The Points Operator must report to the Signalman either personally or by telephone and must act in accordance with the Signalman's Instructions. He must obtain the necessary point handle and in addition any key which is required.
4. The Signalman must enter full details in the train register including the name, grade and station of the person who is to act as Points Operator.
5. On arrival at the points, the Points Operator must inform the Signaiman :-
(a) in which position the points lie and whether they are damaged. He must also confirm that there is no ballast or other material restricting the movement of the switch blades.
(b) if the point motor is running continuously, in which case the Signalman must operate the relevant lever/switch to restore the points to the original position. The crank handle must not be inserted whilst the point motor is running.
6. If clamp lock points are involved the switch must be turned to the manual position and the Signalman informed when this has been done.
7. He must then operate the points manually as instructed by the Signalman. In no circumstances must the position of the points be changed without the Signalman's permission.

Pages 1.52 and 1.53 etc.-continued
8. When the points have to be moved, the Signalman must instruct the Points Operator to set the points in the required position. At the same time the Signaiman must if possible operate the individual point lever/switch to the required position or operate it as far as possible to the position corresponding to the lie of the points.
9. The Points Operator must advise the Signalman when the points have been operated to the required position.
10. If the proper detection is exhibited in the Signalbox, the Signalman may clear the protecting signal for a train when it is close to it. If, however, the Signalman has reason to believe that the points may have been run through, trains must be stopped at the protecting signal and the Driver advised that when the signal is cleared he must proceed cautiously over the points concerned.
11. If the proper detection is not indicated in the Signalbox, the Signalman must instruct the Points Operator to clip the points if a facing movement has to be made over them, or scotch the points in all other circumstances.
12. The Points Operator must advise the Signalman when the points have been secured.
13. Having received advice that the points have been secured the Signalman may authorise the Driver to pass the protecting signal at Danger.
14. When informed by the S. \& T. Technician that the failure has been rectified and the points are in working order, and any authorised train movement has passed clear of the points the Signalman must instruct the Points Operator to restore the local manual controls to their normal position and return the point handle and key, as applicable, to their designated location. The Points Operator must advise the Signalman when this has been done.
15. When the point handle and key are returned to their designated location the Signalman must make a suitable entry in the train register.
16. If, however, the failure has not been rectified but traffic working will permit the points to remain in one position, the Signalman must instruct the Points Operator to set the points in the required position. At the same time the Signalman must operate the individual point switch to the required position or operate the point lever as far as possible to the position corresponding with the lie of the points.
17. If detection is not obtained the Signalman must instruct the Points Operator to scotch, clip and padlock the points in the required position.
18. The Points Operator must advise the Signalman when this has been done.
19. The Signalman must then instruct the Points Operator to restore the controls to their normal position and to return the handle and any key to its designated place. The Points Operator must advise the Signalman when this has been done.
20. The Signalman must then deal with trains which require to pass over the points in accordance with paragraphs 10 or 13, as applicable, until he is advised by the $S$. \& $T$. Technician that the failure has been rectified and the points are in proper working order.

Page 1.59
Add:-

## BROKEN RAIL IN CONTINUOUSLY WELDED TRACK (EXCLUDING RAILS IN TUNNELS)

When Civil Engineering staff are not immediately available, a member of the Operating Department staff not below Supervisory grade, a Signalman or S \& T

Page 1.59—continued

Technician may authorise trains to pass at WALKING PACE over a broken rail in continuously welded track, provided the conditions shown below are met:-

1. No part of the rail is missing.
2. The broken rail is not in a tunnel.
3. There are no secondary cracks and the broken ends are not pulled apart more than one inch ( 25 mm ). On electrified lines the gap must not be bridged in order to measure it.
4. Adjacent sleepers and fastenings are in good condition.
5. The break is approximately vertical and is in plain line track and not within 6 feet ( 2 m ) of any fishplated joint or switch and crossing work.
6. The rail ends must be carefully examined during and after the passage of each train to ensure these conditions are maintained.
7. Any necessary precautions must be taken to ensure the safety of trains on an adjoining line while a train is passing over the break.
8. Civil Engineering staff must be called to the site as quickly as possible.

## PART 1-SECTION 4

## WORKING OF DEPARTMENTAL TRAINS

## Page 4.7

Clause 21.1
Amend speed of GO4 running under own power over switches and crossings to read:-
'5 mph'

## PART 1-SECTION 5

## STATION AND DEPOT WORKING

## Page 5.12 <br> Load Inspection Duties

Amend first sentence to :-
The responsibility for the inspection of loads rests with the Operating Department, and the Guard or other persons travelling in charge of a. load are responsible for its safety during transit.

## Page $12.1 \quad$ Index for Section 12

Amend following entries:-
5. Isolation.............................. . 12.6
7. Wrong Direction Working ...... 12.6A
8. Failure of Apparatus..............12.6A

## PROVISION OF ELECTRIC POWER SUPPLY TO LOCOMOTIVEHAULED TRAINS FOR HEATING, AIR CONDITIONING ETC.

## Page 15.17, Clause 25.2

Amend second portion of table to :-

| Locomotive Class | E.T.H. <br> Index | Remarks |
| :--- | :---: | :---: |
| $73,81,82,83,85$ | 66 | These locomotives may be considered as <br> having an index of 75 if all the coaches of <br> the train have suffix " $X$ " after the index. |
| 87 | 66 | These locomotives may be considered as <br> having an index of 95 if all the coaches of <br> the train have a suffix " $X$ " after the index. |
| 489 | 66 | - |

Pages 15.17/15.18, Clause 25.3
Add at end of table :-

| Type of coach | E.T.H. Index |
| :--- | :---: |
| Class 488/2 (2 car set) | 10 |
| Class 488/3 (3 car set) | 15 |

## Page 15.19, ciause 25.4

Add new item:-
(e) Class $488 \quad 73 / 1,489$

## PART II-SECTION 16

## WORKING OF THE AUTOMATIC AIR BRAKE ON LOCOMOTIVEOPERATED TRAINS

## Page 16.8 (As amended in Supp. No. 4.)

Amend last sentence of clause 3.6.3 to:-
If, however, a Cartic 4 unit is marshalled as any of the last three vehicles, the train must not start if more than one of the three distributors on the Cartic unit is isolated.

# WORKING MANUAL FOR RAIL STAFF <br> (B.R. 30054) <br> GREEN PAGES-PART 2 

## Section D1 Acceptance and Conveyance

(i) "Load examined" specimen label

Delete from bottom line:- "Shunt with care."
Add to bottom line :-
"Not to be loose shunted nor must other vehicles be shunted against this vehicle. Movement Restriction Code/Special Handling Code to apply."
(ii) "Exceptional load" specimen label

Delete from bottom line:- "Shunt with care."
Add to bottom line :-
"Not to be loose shunted nor must other vehicles be shunted against this vehicle. Movement Restriction Code/Special Handling Code to apply."

## PINK PAGES-PART 3

## Section E. Marshalling and Movement

2. Traffic subject to special instructions

The telephone number appearing under instruction E2/29 has been changed to read:-
(i) C.E.G.B.

During office hours
016345111 Ext. 5554 or 5381

## Section F. Fires and Incidents involving Dangerous Goods

## 3. Special Instructions

Clause F3/15. British Telecom Numbers-Railway Control Offices.
Southern Region
Delete Wimbledon entry.
Western Region
Amend entry as under:-
Delete :- Cardiff, London, Reading and Bristol, all numbers.
Add (new numbers) :-
SWINDON (0793) 33524*
SWINDON (0793) 33592*
(MO.3H.686)

## WHITE PAGES-PART 6

Section H. Eastern Region Instructions for the Loading of Freight Trains Clause H.1/9. Single Pipe Automatic Air Brake-Freight Trains

Amend MGR trains to read:-
Freight Trains formed of HAA and HDA wagons.
Add:-
Clause H1/11. Train Preparation Form/TOPS Train List-Exemption from Clause B1/3.
A completed Train Preparation Form/TOPS Train list need not accompany Loaded or empty MGR trains between the Leeds Division Collieries and the Aire Valley Power Stations, in both directions.

## WHITE PAGES-PART 6-continued

Add:-

## H1/12 Route Availability of HAA/HDA Wagons

HAA Wagons without canopies and HDA Wagons appearing on T.O.P.S. as RA9, may be allowed to pass over any route previously cleared for fully laden HAA Wagons when such vehicles were classified RA 7. Also, at RA 9, they may be allowed to pass over routes classified RA 7 and RA 8, the clearance of which was automatically authorised when HAA's were originally classified RA 7.
In these circumstances, the issue of Form BR 29973 is not necessary.

## BUFF PAGES—PART 7

## Section B-Mechanical and Electrical Plant

Insert Additional item:-
B12 POWER OPERATED JACKING EQUIPMENT
The specific instructions under this heading shall be read in conjunction with B1 (i) and where applicable B1 (ii), B1 (iii) and B1 (iv).
B12/1 When used outside a workshop environment powered jacks must be controlled only by an authorised operator working under the jurisdiction of an authorised supervisor.
Within a workshop environment powered jacks must be controlled only by nominated members of the workshop staff.
B12/2 When used outside a workshop environment a firm base must be constructed for the jacks, preferably in advance of the operation.
If constructed of timber this shall be sound and interlaced where necessary to give additional strength and to spread the load.
NB. It is recognised that in an emergency a base cannot be prepared in advance but exceptional care must be taken to avoid jacking directly over culverts or voids.
Within a workshop environment power jacking operations must be restricted to areas approved by the Chief Civil Engineer for this purpose and such areas shall be specifically designated. When it is necessary to construct a temporary base for a jacking operation within a designated area this should be fabricated from steel in preference to timber.
B12/3 When used within a workshop environment all jacks used in multiple must be synchronised to take an equal share of the load and any discrepancies shall be reported to the Maintenance Department.
B12/4 When used outside a workshop environment the supervisor must not allow staff to enter the area below the load supported by the jacks until adequate protection in the form of packing, trestles or stands have been inserted.
When used within a workshop environment staff may only be permitted to work below a load supported by jacks without protection of packings, trestles or stands if the jacks are of the self-sustaining screw type. If the jacks have not been designed to support the load indefinitely, protection in the form of packings, trestles and stands shall be inserted before staff are allowed to work below the load.
The operator must not allow staff to enter the area below the load supported by the jacks whilst they are in motion. Where practicable the power supply shall be isolated by the operator after the jacks have been brought to rest in a desired position.
B12/5 When "tilting" jacks are used in re-railing operations care must be taken to ensure that suitable safeguards are taken to prevent them falling after the completion of the tipping operation. "Tilting" jacks must not be used in a workshop environment.

WORKING MANUAL FOR RAIL STAFF (B.R. 30054)—continued

## BUFF PAGES—PART 7-continued

B12/6 When the load to be lifted is designed to accept lifting brackets these must be used as far as practical.
B12/7 The control unit shall be sufficient to facilitate clear communication between the staff and the operator.
B12/8 The control units and jacks must be suitably identified relative to each other.

## Section C-Power-Driven Rail Cranes

Amend clause C6/8 to read:-
C6/8 When travelling in a train, cranes and associated match wagons equipped with roller bearing axle boxes and all bogie cranes need not be accompanied by a Caretaker except where directed by the Maintenance Department.
Cranes and associated match wagons having plain bearings must be accompanied by a Caretaker when directed by the Maintenance Department. The Caretaker shall be appointed by the Manager of the Crane Owning Department.
Before the journey starts and again at each stopping place, the Caretaker must, by examination of the crane and match wagon, satisfy himself that everything is in order and that they are fit to travel. The Caretaker must advise the Guard before commencing and again on completion of an examination on a Crane in any train in service. When the fire is alight on a steam crane, the Caretaker must travel in the crane cab.
Details of any defects found at these examinations must be entered in the Crane Log Book.

## EASTERN REGION SECTIONAL APPENDIX (NORTHERN AREA) (DATED 5 FEBRUARY 1983)

## Page 8

DONCASTER BLACK CARR JN. TO BERWICK AND BRANCHES Delete:-
Blackhill to Ouston Jn. .. .. .. .. .. .. .. .. 50
Add:-
Temple Hirst Jn. to Selby South Jn. .. .. .. .. .. .. 39
Hambleton South Jo. to Hambleton West Jn. .. .. .. .. .. 40
Hambleton East Jn. to Hambleton North Jn. .. .. .. .. .. 40
Newcastle West Jn. to Newburn .. .. .. .. .. .. .. 52

## EASTERN REGION SECTIONAL APPENDIX (NORTHERN AREA). DATED

 5 FEBRUARY 1983-continuedPage 9EASTWOOD LMR TO NORMANTON, GOOSE HILL JN. AND BRANCHESDelete:-
Penistone, Huddersfield Jn. to Huddersfield, Springwood Jn. ..... 72
Clayton West Branch ..... 73
Add:-
Barnsley Station Jn. to Huddersfield, Springwood Jn. ..... 72
Skelmanthorpe Branch ..... 73
ALDWARKE NORTH JN. (MID.) TO LEEDS NORTH JN. AND BRANCHES Delete:-
Hambleton East Jn. to Colton Jn. ..... 87
Amend:-
Normanton, Altofts Jn. to Colton North Jn. ..... 83
ALDWARKE NORTH JN. (MID) TO GASCOIGNE WOOD AND BRANCHES Amend:-
Moorthorpe Jn. to South Kirkby Jn. ..... 96
Page 10
Amend:-
LEEDS, WHITEHALL JN. TO BRADFORD INTERCHANGE AND BRANCHES
Leeds, Whitehall Jn. to Bradford Interchange ..... 96
LEEDS TO SKIPTON AND BRANCHES
Delete:-
Guiseley Jn. to Esholt Jn. ..... 106
Add:-
Shipley, Guiseley Jn. to Guiseley ..... 106
HULL YARDS AND DOCKS
Delete:-
Dairycoates West to Hessle Road, South Branch ..... 120
Page 11
NORTHALLERTON BOROUGHBRIDGE ROAD TO NEWCASTLE EAST JN. AND BRANCHES
Delete:-
Tyne Dock Goods Branch ..... 137
Add:-
Pelaw to Simonside Wagon Works ..... 137
EASTERN REGION SECTIONAL APPENDIX (NORTHERN AREA), DATED5TH FEBRUARY 1983-continued
DARLINGTON SOUTH JN. TO SALTBURN AND BRANCHES Delete:-
Wilton/Lackenby (West Coatham Sidings) Branch ..... 146
Add:-
Beam Mill Jn. to Slag Road (Lackenby) ..... 146
I.C.I. Wilton Works Branch ..... 146
GATESHEAD, HIGH LEVEL BRIDGE JN. TO CARLISLE, PETTERIL BRIDGE JN AND BRANCHES
Delete:-
Newcastle West Jn. to Newburn ..... 152
Redheugh Branch ..... 153
Add:-
Dunston Branch ..... 153
table a: details of running lines (northern area)






To Selby line 169 m .07 ch . and 169 m .55 ch .

To Hambleton West Jn. Iine

To Hambleton East Jn. line

Down Main to Down Leeds
Up Leeds to Up Main
Leeds line Colton North Jn. and 186 m . 43 ch .

Main lines $186 \frac{1}{d} \mathrm{~m} . \mathrm{p}$. and 186 m .43 ch . Leeds line 186 m .43 ch . and Colton North Jn.

Main and Leeds lines 186 m .43 ch . and 187 m .79 ch .

## Down Leeds to Down Main

 Up Main to Up LeedsDown Main to Up Leeds at 187 m . 38ch. Up Leeds to Down Leeds and Down
Leeds to Down Holgate Loop at 187 m .44 ch .
Up Holgate Loop to all Reception lines in Dringhouses Up Yard

Temple Hirst Jn. to Clifton controlled by York box.











| Running Lines and Signalling System | Location | Mileage <br> M. Ch. | Permanent Speed Restrictions |  |  | Catch, Spring and Unworked trailing points and other remarks |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | $\begin{array}{r} \text { Down } \\ \mathrm{m} .1 \\ \hline \end{array}$ | $\begin{aligned} & \text { Up } \\ & \hline \text { h. } \\ & \hline \end{aligned}$ | At or Between |  |
| Page 52 |  |  |  |  |  |  |
| KING EDWARD BRIDGE SOUTH EAST CURVE Delete P.F. from Down and Up running lines Add:- |  |  |  |  |  |  |
| NEWCASTLE WEST JN. | TO NEWBURN |  | 25 | 25 | MAXIMUM PERMISSIBLE SPEED | AWS not provided |
| - | Newcastle West Jn. (see page 30) | 011 | 15 | 15 | 0 m .11 ch. and 0 m .23 ch . |  |
| $\begin{array}{ccc} \bar{\vdots} & - & \bar{a} \\ \vdots \dagger & & \vdots \end{array}$ |  | 051 |  |  |  | $\dagger$ Sidings |
| - - - |  | 100 |  |  |  |  |
| - | Start/End of OTW | 103 |  |  |  |  |
|  |  | 266 |  |  |  |  |
| $0 \vdots$ O |  | 000 | 15 | 15 | 0m.00ch. and 0 m .10 ch . |  |
|  | $\begin{aligned} & \text { Scotswood Tunnel } \\ & (269 \text { yards }) \end{aligned}$ | $\begin{aligned} & 022 \\ & \text { to } \\ & 0 \quad 34 \end{aligned}$ |  |  | 0m. 00ch. and 0 m .10 ch. | , |
| : | Newburn LC | 247 |  |  |  |  |
| - | Newburn | 258 |  |  |  |  |
| BENTON NORTH JN. TO MORPETH NORTH JN. VIA EARSDON |  |  |  |  |  |  |
| Page 53 |  |  |  |  |  |  |
| Between Holywell and Seghill North L.C. |  |  |  |  |  |  |




Page 60
At Wakefield Westgate South Jn. Amend:-

Between Wakefield Westgate and Ardsley Tunnel Add:-

Delete:-

Page 61
CARCROFT JN. TO SKELLOW JN.
Amend:-
At Carcroft Jo.
Delete:-

Page 62
STAINFORTH JN. TO SKELLOW ADWICK JN.
Amend:-
APPLEHURST JN. (163m. 27ch.) AND
SKELLOW JN. (EAST OF) (161 $\frac{1}{2} \mathrm{~m} . \mathrm{p}$.)
Add:-
SKELL.OW JN. (EAST OF) ( $161 \frac{1}{2} \mathrm{~m} . \mathrm{p}$. ) AND ADWICK JN
C. Down at 177 m . 34ch. 1067 yds. before reaching signal L223



Between Applehurst Jn. and Skellow Jn.

At Skellow Jn.
Amend:
At Adwick Jn.
Delete:-

| Thorpe Road L.C. (AHB) | 16448 |  |
| :--- | ---: | :--- |
|  |  |  |
| Thorpe Marsh CEGB | 16346 |  |
| Applehurst Jn. | 163 | 27 |

$164 \mathrm{~m} . \mathrm{p}$. and $162 \frac{1}{3} \mathrm{~m} . \mathrm{p}$.

To Joan Croft Jn. line
$162 \frac{1}{2} \mathrm{~m} . \mathrm{p}$, and $164 \mathrm{~m} . \mathrm{p}$.

To Carcroft In. line
0m. 04ch. and 0m. Och.






Page 77
BARNSLEY STATION JN. TO HORBURY JN.
Between Darton and Woolley Coal Siding
$49 \frac{1}{4} \mathrm{~m} . \mathrm{p}$. and 48 m .52 ch .
Delete:-

WAKEFIELD, TURNERS LANE JN. TO CALDER BRIDGE JN Delete maximum


| 0 | 50 | 25 |
| :--- | :--- | :--- |

Calder Bridge Jn.
000

1 m .53 ch . and 1 m .46 ch .

MAXIMUM PERMISSIBLE SPEED Through junction

Through iunction
C. Down 49 m .71 ch .704 yds before reaching First Home Signal
C. Up at 45 m .57 ch .1170 yds before reaching starting signal

Line controlled by Wakefield Kirkgate (K) signal box

## ALDWARKE NORTH JN. (MID.) TO LEEDS NORTH JN.

 Page 78At Aldwarke North Jn. (Mid.)
Add mileage : Aldwarke North Jn. (Mid.)
Delete item in "Catch, Spring and Unworked trailing points etc." column (AWS provided on all passenger lines etc.).
Between Swinton Jn. and Dearne Valley North Jn. Amend:-

















Hessle to Anlaby Road Jn controlled by Hessle Road (HR) signal box.


$\left.$|  |  |
| :--- | :--- | :--- | :--- |
| Pages 118 and 119 |  |\(\left|\begin{array}{ll}Bempton LC \& 43 <br>

Buckton Lane LC (AOCR) \& 35 <br>

\hline\end{array}\right|\) \right\rvert\,

Pages 118 and 119
Delete all details between Hunmanby LC and Seamer West and substitute:-













## Between Hexham and Warden

Delete:-
Between Warden and Haydon Bridge Add:-

## Delete:--

At Whitchester Tunnel
Amend reference to Block Regulation 9 in "Catch. Spring and Unworked trailing points etc." column to read:- Block Regulation 3.9 Between Whitchester Tunnel and Haltwhistle
Add:-
Between Haltwhistle and Blenkinsop Amend:-

At Blenkinsop
Delete:-

## Page 151

Amend:-
Denton School LC (AOCR-X)

Between How Mill and Broadwath LC Delete:-

Approaching level crossing in wrong direction

54 m .08 ch . and 54 m .30 ch .

Page 152
NEWCASTLE WEST JN. TO NEWBURN
Delete line heading and table

SWALWELL COLLIERY BRANCH
Derwenthaugh
(see pages $149 \& 153$ )
Swalwell Jn.
Amend to read:(see pages 149 \& 153)

21 m .32 ch . and $20 \frac{3}{4} \mathrm{~m}$. p.
$25 \frac{3}{1} \mathrm{~m} . \mathrm{p}$. and 26 m .28 ch .

27 m .25 ch . and 26 m .65 ch

37 m.p. and $36 \frac{3}{4}$ m.p.
$40 \mathrm{~m} . \mathrm{p}$. and 40 m .32 ch .
$40 \frac{1}{a} \mathrm{~m} . \mathrm{p}$. and 40 m .35 ch .


EASTERN REGION SECTIONAL APPENDIX (NORTHERN AREA), DATED 5TH FEBRUARY 1983-continued

## Page 154

## Add:-TABLE B-SPECIAL WORKING ARRANGEMENTS

1. Trains or vehicles may be propelled in accordance with Rule Book, Section H, Clause 8 where shown below as denoted by the letter ' $F$ '.
2. Working in accordance with the General Appendix instructions headed "Working in the Wrong Direction over lines worked by Absolute or Permirssive Block" is authorised where shown below as denoted by the letter ' $G$ '.
3. Class 9 trains may work without a brakevan in rear where shown below as denoted by the letter ' H '.
4. These authorities are subject to any special conditions as to speed, length (SLUs) or other feature as shown in the 'Restrictions' column. Except where denoted below by the letter ' $P$ ', movements conveying passengers are not permitted.
A brakevan (in which the Guard or Shunter must ride) must be formed as the leading vehicle where denoted below by the letters ' $B V$ '.

The following is a complete list of authorities for the Northern Area

| Between |  | Lines | Authorities | Restrictions |
| :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  |
| Marshgate Jn. Down | Carriage Sidings | via Platform 1 | F | 12 ECS or 10 <br> SLU BV |
| Thorne signal D308 | Doncaster station | Platform 3A | F | SLU BV <br> 12 ECS or 10 |
| Thorne signal D308 | Doncaster station |  |  | SLU BV |
| Dringhouses Yard | Holgate Jn. | All | H | 50 SLU |
| York | Skelton | Down Main, Up | H | - |
| Northallerton Station | Castle Hills Jn. | Main, Up Goods Down Main/Down | $F$ | 45 SLU B |
| (signal 127) |  | Slow |  |  |
| Tyne Yard | Newcastle Station | All | F | 2 freight brakevans |
| Newcastle | Heaton | All | H |  |
| Morpeth | Widdrington Opencast | All | F | 2 freight |
| Tweedmouth | Sidings | Down, Up | H | brakevans 3 SLU |
| Berwick signals T18 and T19 | Fishbank Sidings | Up | H |  |
| SHAFTHOLME JN. TO FERRYBRIDGE NORTH JN. Knottingley West Jn. Ferrybridge North Jn. Down |  |  | F | 1 freight brakevan |
| ASKERN COLLIERY BRANCH <br> Norton |  | Single | F | 52 SLU. Down direction only |
| YORK, HOLGATE JN. TO SKELTON Holgate Jn. <br> York Yard South |  | All | F | ECS and freight vehicles |
|  |  | H | 50 SLU |
| York Yard South | York Yard North |  | Down Goods, Up | F | ECS and freight vehicles |
|  |  | Goods | H | 50 SLU |
| York Yard North | Skelton | Down Goods | F | 20 ECS fitted or unfitted |
|  |  | Up Goods | F | ECS and freight |
|  |  | Down Goods, Up Goods | H | 50 SLU |

EASTERN REGION SECTIONAL APPENDIX (NORTHERN AREA) DATED 5TH FEBRUARY 1983-continued

TABLE B-SPECIAL WORKING ARRANGEMENTS-continued

| Between |  | Lines | Authorities | Restrictions |
| :---: | :---: | :---: | :---: | :---: |
| YORK YARD SOUTH TO YORK, CLIFTON |  |  |  |  |
| York Yard South | Clifton | Down Goods, Up Goods | F | ECS. 20 SLU BV. In clear weather only |
|  |  |  | H |  |
| YORK TO SCARBOROUGH <br> Falsgrave <br> Scarborough Station |  |  |  |  |
|  |  | " $C$ " and Departure | $\begin{aligned} & \mathrm{F} \\ & \mathrm{H} \end{aligned}$ | ECS or 20 SLU <br> 20 SLU. Up <br> direction only |
| DARLINGTON NORTH JN. TO EASTGATE Darlington North Jn. \| Rolling Mill GF |  | APCM |  |  |
|  |  | Down-Up Bishop <br> Auckland/Down-Up <br> Goods | H | 50 SLU |
| SHILDON WORKS Shildon | BRANCH <br> \| Masons Arms LC |  |  |  |
|  |  | Down <br> Up | $\begin{aligned} & H \\ & F \end{aligned}$ | 20 SLUs, In clear |
|  |  |  |  | weather only |
|  |  | Up | H |  |
| DARLINGTON, HOPETOWN JN. TO NICKSTREAM Hopetown Jn. UKF Sidings <br> Single |  |  |  |  |
|  |  |  | FH | 30 SLU |
| FERRYHILL SOUTH Ferryhill South Jn. | JN. TO NORTON-ON-TEES SOUTH <br> Bishop Middleham <br> Down, Up |  |  |  |
|  |  |  | F | 2 freight brakevans |
| FERRYHILL, TURSDALE JN. TO PELAW <br> Wardley <br> Pelaw |  | Down | F | 2 freight brakevans |
| BENTON NORTH JN. TO MORPETH JN. VIA EARSDON Earsdon Hepscott Jn. <br> All |  |  |  |  |
|  |  |  | F | 2 freight brakevans |
| HEPSCOTT JN. TO Hepscott Jn. | MORPETH JN. Morpeth Jn. | Single | F | 2 freight brakevans |
| BEDLINGTON TO LYNEMOUTH COLLIERY Bedlington North Lynemouth Colliery |  | NCB |  |  |
|  |  | Down, Up | F | 2 freight brakevans |
| NEWSHAM TO ISABELLA COLLIERY <br> Newsham <br> \| Isabella Colliery |  | Single |  |  |
|  |  | $\begin{aligned} & \mathrm{F} \\ & \mathrm{H} \end{aligned}$ | 2 freight brakevans 30 SLU |
| CAMBOIS BRANCH |  |  | Down, Up, Single |  |  |
| West Sleekburn Jn. | North Blyth/West Blyth | F |  | 2 freight brakevans |
| WINNING TO MARCHEY'S HOUSE Winning <br> ( Marchey's House |  | Down, Up | F | 2 freight brakevans |
| STAINFORTH JN, TO SKELLOW, ADWICK |  | JN. |  |  |
| Thorpe Marsh Power | Up Skellow Limit of | Departure line/Down | F |  |
| Station | Shunt indicator | Skellow/Up <br> Skellow |  | fitted. In clear weather only |
| EASTWOOD LMR <br> Healey Mills Up <br> Departure lines A and $B$. <br> Healey Mills signal HM 209 | TO NORMANTON, GOOSE HILL JN. <br> \| Healey Mills Up <br> Up Slow |  |  |  |
|  |  |  | H | - |
|  |  |  |  |  |
|  | Healey Mills position light signal HM 244 | Down Fast, Down Slow | F | - |
| Horbury Jn. | Healey Mills | Up Slow | F | 25 SLU BV |

EASTERN REGION SECTIONAL APPENDIX (NORTHERN AREA), DATED 5TH FEBRUARY 1983--continued

TABLE B-SPECIAL WORKING ARRANGEMENTS—continued


EASTERN REGION SECTIONAL APPENDIX (NORTHERN AREA). DATED 5TH FEBRUARY 1983-continued

## TABLE B-SPECIAL WORKING ARRANGEMENTS-continued



EASTERN REGION SECTIONAL APPENDIX (NORTHERN AREA), DATED 5TH FEBRUARY 1983-continued

TABLE B--SPECIAL WORKING ARRANGEMENTS—continued

| Between |  | Lines | Authorities | Restrictions |
| :---: | :---: | :---: | :---: | :---: |
| GATESHEAD, PARK LANE JN. TO GREENSFIELD JN.   <br> Park Lane Jn. Greensfield Jn. DR <br> Gateshead TCFD Gateshead TMD Down, Up |  |  | $\begin{aligned} & F \\ & H \end{aligned}$ | 2 freight brakevans 10 SLU |
| DARLINGTON SOUTH JN. TO SALTBUR Bowesfield Whitehouse |  | All Down and Up Goodslines including Middlesbrough Goods Yard Arrival and Departure lines | H | - |
| MIDDLESBROUGH, Bog Hall | GUISBOROUGH JN. Whitby Station | O WHITBY <br> Down, Up <br> Down, Up <br> Down, Up | $\begin{aligned} & \mathrm{F} \\ & \mathrm{G} \\ & \mathrm{H} \end{aligned}$ | ECS <br> ECS and light locomotives only |
| BEAM MILL JN. TO SLAG ROAD (LACKENBY) <br> Lackenby \| Tees Dock |  |  | H | Up direction only |
| GATESHEAD, HIGH High Level Bridge Jn. Greensfield Jn. |  | CARLISLE, PET <br> Down, Up <br> Down, Up | $\begin{aligned} & \text { RIL B } \\ & \underset{H}{H} \\ & \mathrm{~F} \end{aligned}$ | GE JN. EXC 2 freight brakevans |
| SWALWELL COLLIERY BRANCHSwalwell Jn. $\|$Swalwell Opencast <br> Sidings |  | Single | $\begin{aligned} & \mathrm{F} \\ & \mathrm{H} \end{aligned}$ | Freight vehicles |
| LOW FELL SIDINGS JN. TO BENSHAM Low Fell Sidings Jn. Bensham Curve Jn. |  | URVE JN. Down, Up | F | 2 freight brakevans |
| LOW FELL JN. TO NORWOOD JN. Low Fell Jn. <br> Norwood Jn. |  | Down, Up | F | 2 freight brakevans |
| REDHEUGH BRANCH <br> Redheugh Bank <br> Foot |  | Single | $\begin{aligned} & \mathrm{F} \\ & \mathrm{H} \end{aligned}$ | 2 freight brakevans |

TABLE D—SINGLE LINES-DELIVERY AND RECEIPT OF TOKEN OR STAFF BY PERSONS OTHER THAN SIGNALMEN

| Section of line | Token or Staff Station | Person authorised to receive or <br> deliver token or staff |
| :--- | :--- | :--- |
| Page 154 <br> CONSETT BRANCH <br> Delete heading and entry. <br> Add:- <br> NEWCASTLE WEST JUNCTION TO NEWBURN <br> Elswick and Newburn | Newcastle Station | Station Supervisor <br> (Platform 8) |

## TABLE F-PROPELLING TRAINS OR VEHICLES

Pages 154 to 162
Delete heading, preamble and all authorities.

EASTERN REGION SECTIONAL APPENDIX (NORTHERN AREA). DATED 5TH FEBRUARY 1983-continued

## TABLE G-WORKING IN WRONG DIRECTION

Pages 162 and 163
Delete heading, preamble and all authorities.

## TABLE H-WORKING OF PARTIALLY FITTED AND UNFITTED FREIGHT TRAINS WITHOUT A BRAKEVAN IN REAR

Pages 163 to 168
Delete heading, preamble and all authorities.

TABLE J-LOCOMOTIVES ASSISTING IN REAR OF TRAINS

| From | To | Type of Train |  | nditions | Remarks |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Page 170 |  |  |  |  |  |
| DONCASTER, BLACK CARR JN. TO BERWICK Delete:- |  |  |  |  |  |
|  |  |  |  |  |  |
| Newcastle Heaton | Heaton | ECS | R |  | Up North and Up Tynemouth |
| Heaton | Newcastle | ECS | R |  |  |
|  |  |  |  |  |  |
| Delete heading and both entries and substitute:- |  |  |  |  |  |
| CONSETT LOW YARD TO OUSTON JN. |  |  |  |  |  |
| Ouston Jn. | Consett Low Yard | F |  | - | - - |
| Consett Low Yard | Ouston Jn. | F | R |  | The locomotive in the rear must assist in braking the train. |
| ALDWARKE NORTH JN. (MID) TO LEEDS NORTH JN. Delete line heading and item thereunder |  |  |  |  |  |
| LEEDS TO SKIPTON STATION SOUTH LMR Delete line heading and item thereunder |  |  |  |  |  |
| Page 171 |  |  |  |  |  |
| LEEDS, ENGINE SHED JN. TO WHITEHALL JN. |  |  |  |  |  |
| LEEDS TO HULL Delete line heading | ARAGON and item thereunder |  |  |  |  |

Pages 172 and 173
TABLE M-PLACING TRAINS OR VEHICLES OUTSIDE HOME SIGNALS ON FALLING GRADIENTS-RULE BOOK, SECTION J, CLAUSES 3.22 and 5.3

Delete heading, preamble and authority.

EASTERN REGION SECTIONAL APPENDIX (NORTHERN AREA), DATED 5TH FEBRUARY 1983-continued

TABLE W-SET BACK MOVEMENTS—EXEMPTION FROM RULE BOOK, SECTION J, CLAUSE 4.1

| Signal box | See special instructions <br> on page |
| :--- | :--- | :--- |
| Page 175 <br> Amend line heading:- <br> LEEDS. WHITEHALL JN. TO BRADFORD INTERCHANGE |  |
| LEEDS TO HULL PARAGON <br> Delete line heading and items thereunder <br> NEWCASTLE TO CARLISLE PETTERIL BRIDGE JN. <br> Delete line heading and item thereunder |  |

## INSTRUCTIONS RELATING TO THE RULE BOOK, GENERAL APPENDIX AND OTHER GENERAL INSTRUCTIONS—INDEX

Page 196 Page
Instructions Relating to the General Appendix
Add:-
$L$
Lineside Hot Axle Box Detectors ..... 203
Add:-
0
Operation of Buck-Eye Automatic Couplers-Class 123 and 124 Diesel Multiple Units ..... 204
Add:-
R
Road/Rail Recovery Vehicles Operating Instructions for use on Rail ..... 212
Page 197
Other General Instructions
L
Add:-
Lineside Audible Warning Systems ..... 226
Add:-
S
Single Lines-One Train Working Without Train Staff ..... 222

# INSTRUCTIONS RELATING TO THE RULE BOOK 

Page 198
SECTION C-FIXED SIGNALS
Clause 3.1.5-Shunting signals
Delete sub-heading and item.

Page 200
Add:-

## SECTION N-WORKING TRAFFIC OF A DOUBLE LINE OVER A SINGLE LINE OF RAILS DURING REPAIRS OR OBSTRUCTION

If single line working terminates at a junction with a Track Circuit Block single line and it is necessary for a train which has arrived in the wrong direction to pass at Danger the signal controlling entrance to the TCB single line, the Signalman must observe the provision of Track Circuit Block Regulation 11.3 The Driver must be authorised to proceed in accordance with Instruction 5 of Single lines worked by the Track Circuit Block System-Instructions to Trainmen in the General Appendix.

## INSTRUCTIONS RELATING TO THE GENERAL APPENDIX

Page 203
Add:-

## LINESIDE HOT AXLE BOX DETECTORS

The following modification applies on the East Coast Main line south of Berwick :When a class $253 / 254$ train activates a hot axle box detector on the ECML the traincrew will (at locations where there is not a Rolling Stock Technician on duty) be instructed to examine the axle which activated the detector, the axle on either side of it and the same three axle boxes on the other side of the train. If traincrew examination does not reveal a hot axle box and the Signalman does not instruct otherwise, the train may proceed at normal speed.
When the train recommences its journey, the Guard must ride in the vehicle which activated the detector until the train reaches line speed and is satisfied that nothing is amiss.

## INSTRUCTIONS RELATING TO THE GENERAL APPENDIX-continued

Pages 204/205
BROKEN WINDOWS (SINGLE OR DOUBLE GLAZED) ON PASSENGER CARRYING COACHING STOCK

## Amend Note at end of instructions to read:-

## NOTE:-

A number of perspex replacement windows for H.S.T. trailer cars and air conditioned MK.II def vehicles are allocated to principal intermediate and terminal stations on the East Coast Main line and East Anglia. When C. \& W. staff have fitted one of these perspex windows to replace a broken double glazed window, the above restrictions no longer apply i.e., the HST set or MK. II def vehicle can revert to running at line speed with full use of the coach seating bays restored.
The perspex windows are each supplied within individual packing sheets for transportation purposes, together with a special spanner or key, although a standard carriage key may be used to fit the MK.II def window. Each packing sheets bears the name of the allocated station and when a perspex window has been fitted, the packing sheets and special spanner or key must be placed in one of the brake compartments of the train to enable the Depot replacing the window to return it to the owning station, suitably protected, together with the spanner or key. An entry should be made in the train's defect book to the effect that an emergency window has been fitted.
With the introduction of perspex windows for general use, only under exceptional circumstances are vehicles with broken sidelights to be taken out of service at intermediate stations. They should remain in service until the end of the diagram and be taken out at the depot which is to replace the window.

Pages 205/206
FOUR-CHARACTER TRAIN IDENTIFICATION SYSTEM
List of destination codes
Delete:- OB02 Clarence Yard
Add:- OB03 Ferme Park Reception Sidings OB04 Bounds Green

## Pages 206-208

ELECTRICALLY OPERATED POINTS-WORKING BY CRANK HANDLE DURING FAILURE
Delete heading and instructions.
Page 212
Add:-
ROAD/RAIL RECOVERY VEHICLE REGISTRATION NO. KYH 862X OPERATING INSTRUCTIONS FOR USE ON RAIL

1. GENERAL
1.1 The vehicle is equipped with breakdown equipment and can travel either by road or rail.
1.2 The vehicle can be transferred to and from rail at any place where the ground level is at or above sleeper level.
1.3 The vehicle must not be used on lines electrified on the conductor rail system.
E.R. SECTIONAL APPENDIX (NORTHERN AREA)-continued

## INSTRUCTIONS RELATING TO THE GENERAL APPENDIX—continued

## 2. RULES AND REGULATIONS

2.1 The vehicle may only be placed, stand or travel on a running line which is under Engineers' Absolute Possession and all relevant Rules and Regulations must be applied.
2.2 The vehicle must only be used by the staff authorised by the CM\&E Engineer and then only in accordance with these instructions.
23 The road lights must be switched off when the vehicle is on rail. Separate electric marker and tail lights are provided for use on rail and two white lights at the front and a red tail light at the rear must be illuminated at all times.
2.4 Two red handsignal flags, not less than 10 detonators, a handsignal lamp, two wheelchocks and 2 sets of track circuit operating clips must be carried on the vehicle. In addition, 2 red banner flags and 2 lamps capable of showing a red light along the line in both directions must be carried, for use should it be necessary for the CM\&E Engineer's man-incharge of the vehicle to take an Absolute Possession (Rule Book, Section Till).
2.5.1 The CM\&E Engineer's main-in-charge of the vehicle must have been passed as competent to carry out any protection arrangements necessary on site or during the transfer of the vehicle to and from rail, including the arrangements required by the Rule Book, Sections TI, TII, TIII and TIV.
2.5.2 The vehicle must be driven by a member of the CM\&EE's staff. A person passed as competent to carry out the necessary arrangements for protection should an incident occur resulting in the fouling of a running line open to traffic, must accompany the vehicle.

## 3. WORKING INSTRUCTIONS

3.1 Before the vehicle is placed on or allowed to travel over any running line. the Engineer must first have taken Absolute Possession of the line concerned, in accordance with the Rule Book, Section TllI. In addition, the permission of the Person-in-charge of the Possession must be obtained before the vehicle is placed on the line.
3.2 During the process of transferring to and from rail, or turning the vehicle to face in the opposite direction, if the adjacent track is a running line open to traffic, the provisions of the Rule Book, Section TII or TIV must be applied.
3.3 Before transferring from road to rail, the driver must:-
(a) Check that the vehicle is equipped as shown in Instruction 2.4.
(b) Check that the tail light and the 2 front marker lights are illuminated.
(c) Test the hand brake and also the main power brake.
(d) Test the warning horn.
(e) Test the buzzer from the staff riding compartment.
(f) Check that the steering wheel is locked in the straight-ahead position.
3.4 The maximum permissible design speed of the vehicle on rail in the forward direction is 35 m.p.h., and 15 m.p.h. over points and crossings. Speeds must, however, be regulated in accordance with the Rule Book, Section TIII, Clause 15.2.

## E.R. SECTIONAL APPENDIX (NORTHERN AREA)-continued

## INSTRUCTIONS RELATING TO THE GENERAL APPENDIX-continued

3.5 Movements in reverse must only be made for short distances and at a speed not exceeding $10 \mathrm{~m} . \mathrm{p} . \mathrm{h}$. When travelling in reverse, a competent man must ride in the staff riding compartment, keep a sharp lookout, and signal to the driver by buzzer code as follows :-

1 - Stop
3 - Ready to move in reverse direction
When necessary he must sound the horn to warn persons on or about the track.
3.6 When left unattended the vehicle must be left in gear and secured by the handbrake; wheelchocks must also be used under all conditions.
3.7 Should the vehicle fail and be unable to run under its own power, it may be moved by a locomotive using the emergency tow bar carried on the vehicle. The speed must not exceed $10 \mathrm{~m} . \mathrm{p} . \mathrm{h}$. on plain line and $5 \mathrm{~m} . \mathrm{p} . \mathrm{h}$. over points and crossings. The driver must ride on the vehicle.
3.8 When the vehicle is transferred clear of the line under possession, the Person-in-Charge of the Possession must be advised accordingly.

Page 212
Add:-
ROAD/RAIL RECOVERY VEHICLE REGISTRATION NO. DWU $335 Y$. OPERATING INSTRUCTIONS FOR USE ON RAIL
The instructions appearing on page 212 of the Northern Area Sectional Appendix for road/rail vehicle registration No. KYH 862X apply to this vehicle with the following amendments:-
Clause 1.3. The vehicle must not work on any electrified lines.
Clause 3.5. Movements in reverse must only be made for short distances and at EXTREME CAUTION under the control of a competent person on the ground giving handsignals to the Driver.
Add:-
Clause 3.9. When a side access door to one of the equipment compartments has to be opened, any adioining line open to traffic must first be protected in accordance with Rule Book Section T Part IV.

## OTHER GENERAL INSTRUCTIONS

## Page 217

## WEED-KILLING TRAIN

## 1. Classification and Signalling

Amend to read :-
The train must always be signalled and dealt with as a Class 7 freight train.
Page 222
SINGLE LINES-ONE TRAIN WORKING WITHOUT TRAIN STAFF
Clause 3
Amend reference to Class 7, 8, 9 or 0 train to Class 9 train.

## E.R. SECTIONAL APPENDIX (NORTHERN AREA)—continued

## OTHER GENERAL INSTRUCTIONS—continued

Page 223

## WRONG DIRECTION MOVEMENTS OVER CERTAIN AUTOMATIC LEVEL CROSSINGS

Sixth paragraph,
Amend reference to Rule Book, Section H, clauses 5.8.4. and 13.9.1 to read :-clauses 5.8.3 and 13.10.1 respectively.

Page 226
Add:-
LINESIDE AUDIBLE WARNING SYSTEMS

1. Audible lineside warning systems actuated by track circuit occupation are provided at the locations detailed in paragraph 8 to give warning to staff of approaching trains. Switches are provided at each location to enable the systems to be switched on or off as necessary.
2. When a warning system is switched on, the alarm will give a bleep note at intervals of between two and seven seconds indicating the system is operationa!. The bleep note will change to a continuous note when a train approaches and whilst it passes through the area covered by the system.
3. When the alarms continuous note sounds, staff must move to a safe position and remain there until the continuous note ceases and the bleep note is again heard. It may not be safe for staff to leave refuges immediately a train is seen to pass, as a further train may be approaching and will cause the continuous note of the alarm to remain sounding.
4. When entering a warning system area, staff must check whether the system is already switched on and if not, the nearest convenient switch must be operated.
5. When leaving the area, staff must ascertain whether any other persons are to remain behind and if so the warning system must be left switched on and those persons informed. If no other persons are to remain in the area the warning system must be switched off.
6. If staff are to work on a line equipped with a warning system and an absolute possession has been taken of an adjacent line or an engineer's materials train/"on-track" machine is working between trains on that line, the warning system must not be switched on whilst work on the adjacent line is proceeding.
7. If staff are already working on a line equipped with a warning system and such is in use and an occupation of an adjacent line is to be made as described in paragraph 6 , the warning system must be switched off.
8. Details of Warning Systems Location Description

## Doncaster Black Carr Junction to Berwick

Skelton Bridge.
Thirsk Avenue Curve
Between Eryholme Ground Switch Panel and Darlington South Junction

Covers Down and Up Fast and Down Slow lines between 3 m .p. and $3 \frac{1}{4} \mathrm{~m} . \mathrm{p}$.
Covers all lines between $23 \frac{3}{4} \mathrm{~m} . \mathrm{p}$. and $24 \frac{3}{4} \mathrm{~m} . \mathrm{p}$.
Two independent systems each covering both lines between $39 \frac{3}{4} \mathrm{~m} . \mathrm{p}$. and $41 \frac{3}{4} \mathrm{~m} . \mathrm{p}$.
(a) Bridges 85,86 and 87.
(b) Bridges 88 and 89 .

# E.R. SECTIONAL APPENDIX (NORTHERN AREA)—continued 

## OTHER GENERAL INSTRUCTIONS-continued

## Location

Between Parkgate Junction and Ferryhill South Junction

Between Parkgate Junction and Ferryhill South Junction
Between Parkgate Junction and Ferryhill South Junction
Tursdale Junction

Between Tursdale Junction and Durham
Between Tursdale Junction and Durham
Between Tursdale Junction and Durham
Between Durham and Ouston Junction

## Description

Covers both lines between $48 \frac{1}{4} \mathrm{~m} . \mathrm{p}$. and $49 \frac{1}{2} m$.p. (Bridges $123 / 124 / 125 /$ 127/128).
Covers both lines between $50 \mathrm{~m} . \mathrm{p}$. and 52m.p. (Bridge 137).
Covers both lines between $54 \frac{1}{4} \mathrm{~m}$.p. and $55 \frac{3}{4} \mathrm{~m} . \mathrm{p}$. (Bridges $148 / 149$ ).
Covers Down and Up Main lines between $58 \frac{3}{4} \mathrm{~m} . \mathrm{p}$. and $59 \frac{1}{4} \mathrm{~m} . \mathrm{p}$.
Covers both lines between $61 \mathrm{~m} . \mathrm{p}$. and $62 \mathrm{~m} . \mathrm{p}$.
Covers both lines between $62 \frac{1}{4} \mathrm{~m} . \mathrm{p}$. and $62 \frac{3}{4} \mathrm{~m}$.p. (Bridge 178).
Covers both lines between $65 \frac{3}{4}$ m.p. and $66 \frac{1}{4} \mathrm{~m} . \mathrm{p}$.
Covers both lines between $69 \frac{1}{4}$ m.p. and $70 \frac{1}{4} \mathrm{~m} . \mathrm{p}$.

## Ferryhill Tursdale Junction to Pelaw

Tursdale Junction
Covers Down and Up Leamside lines between $58 \frac{3}{4} \mathrm{~m} . \mathrm{p}$. and $59 \frac{1}{4} \mathrm{~m} . \mathrm{p}$.

## Apperley Jn. to Ilkley Station and Shipley, Guiseley Jn. to Guiseley

 Between Apperley Jn. and Guiseley and between Guiseley Jn. and GuiseleyCovers both Apperley and Baildon single lines where parallel between $204 \frac{1}{4} \mathrm{~m} . \mathrm{p}$. and 205m.p.

## LOCAL INSTRUCTIONS

## INDEX

PageAdd:-Berwick ..... 235
Dodworth ..... 246
Amend:-
Bradford Exchange to Bradford Interchange ..... 256
Delete:- ..... Brayton Jn. and Barlow .. .. .. .. .. .. .. 236
Bridlington .....  .. .. .. .. .. 263
Clayton West Branch ..... 246
Page 228
Delete:-
Follingsby Freightliner Terminal ..... 239

## E.R. SECTIONAL APPENDIX (NORTHERN AREA)—continued

## LOCAL INSTRUCTIONS-continued

## Page 229

Add:-
Jarrow Yard .. .. .. .. .. .. .. .. .. 269
Northallerton to Redmire .. .. .. .. .. .. .. 238
Delete:-
Norwood Jn. .. .. .. .. .. .. .. .. .. 277
Page 230
Add:-
Redmire—Northallerton to .. .. .. .. .. .. .. 238
Shipley, Guiseley Jn. to Guiseley .. .. .. .. .. .. 257
Skelmanthorpe Branch .. .. .. .. .. .. .. 246
Delete:-
Redmire Quarry . . . . . . . . . . .. . 238
Shaftholme Jn. and Selby Brayton Jn. .. .. .. .. .. 231

## LOCAL INSTRUCTIONS

## DONCASTER, BLACK CARR JN. TO BERWICK

Page 231
Delete:-
SHAFTHOLME JN. TO SELBY BRAYTON JN. item. SELBY item.

Page 232

## YORK

Trainmen working Passenger and Freight trains into York

possible direct by telephone to the Resources Controller at Doncaster Divisional Control, telephone number 027-2903.

Amend the first line of the second paragraph to read :-
Trainmen arriving at York Yard South should report to Doncaster Control using the direct telephone located in the mess room.

Page 234
NEWCASTLE
Add:-
Trainmen arriving at Newcastle station. All Trainmen must report to the Traincrew Supervisor on arrival, either in person or by telephone to extension No. 2593 or 2594.

Page 235
Add:-

## BERVICK

Train Crew Relief. Train crews relieved at Berwick must contact Newcastle Control (extension 2340) for details of the running of trains they are booked to relieve, using the train crew's messroom telephone.

Page 236 SELBY BRAYTON JN. TO BARLOW
Barlow Tip Ground Frame
Delete line heading, sub heading and item.
Page 238
NORTHALLERTON CASTLE HILLS JN. TO REDMIRE
Delete REDMIRE QUARRY heading and item.
Add:-
All Freight Trains must have a brake van in rear in which the Guard must ride. Whenever possible this van should be fitted or piped and equipped with a gauge and Guards valve.

## E.R. SECTIONAL APPENDIX (NORTHERN AREA)-continued

## LOCAL INSTRUCTIONS-continued

The level crossings shown as T.M.O. in Table A are all secured by similar type padlocks and the keys are kept at Low Gates signal box. The Travelling Chargeman must obtain the keys from the Signalman before joining the train, one key for his own use and one for the Guard. The Chargeman must ride in the rear cab of the locomotive and on arrival at each level crossing, must operate the gates and return to the locomotive. The train will draw forward clear of the level crossing and the Guard must close and lock the gates and rejoin the brake van. On returning to Northallerton, the Guard must hand his key to the Chargeman, who must return them to Low Gates signal box.

## Add :- <br> DARLINGTON NORTH JN. TO EASTGATE APCM SHILDON

Drivers of trains for the Eastgate line must ensure that before leaving Shildon, they are in possession of the key token for the branch.

## Page 239

Delete:-
FERRYHILL TURSDALE JN. TO PELAW FOLLINGSBY FREIGHTLINER TERMINAL
Heading, sub-heading and instructions.
Add:-

## BENTON NORTH JN. TO MORPETH NORTH JN. VIA EARSDON HEPSCOTT LEVEL CROSSING

When a Driver is authorised to pass Down direction signal M159 at Danger, he must, before passing the signal, operate the special plunger in the telephone box, or if a Handsignalman is in attendance, ensure that this has been done. Before proceeding over Hepscott level crossing he must satisfy himself that the barriers are in the fully lowered position.

## MORPETH

Working of trains on Up N.E. Curve. Whenever a train is brought to a stand at signal M134, the Driver must immediately telephone the Signalman.

Page 241

## BUTTERWELL JUNCTION TO BUTTERWELL BUNKER

Delete instruction and substitute:-
Class 9 trains must not run between the above locations.

Page 246
Add:-
BARNSLEY STATION JN. TO HUDDERSFIELD SPRINGWOOD JN. DODWORTH
Vehicles for Dodworth Colliery. The Guard of a train coming to a stand on the Arrival line must give two blasts on the Klaxon horn to signify to the Driver that the points are set for the train to be propelled into the Colliery.
If the train has not drawn a sufficient distance to clear the points, the Guard must give five blasts on the klaxon horn and the Driver must draw forward sufficiently to clear the points.

## E.R. SECTIONAL APPENDIX (NORTHERN AREA)—continued

## LOCAL INSTRUCTIONS-continued

Dodworth Colliery-Empty Sidings. No. 15 siding is for the reception of mineral empties.
No. 15 siding is used by the NCB locomotive(s) as a locomotive running road for transferring between the Colliery Empty sidings and the loaded sidings of the Colliery Screens.

A red light is positioned at the Outer end of No. 14 siding.
No. 16 siding is the NCB loading siding.
Red lights are provided at each side of the road vehicle crossings at the entrance to Nos. 14, 15 and 16 sidings and control road crossing movements.
A red light is provided at the West end of the BR Loaded sidings.
These lights are normally switched off to allow the NCB freedom of movement, but can be illuminated by operating the switch on the post carrying the red light at the outer end of No. 14 siding, when a yellow proving light facing the signal box will be illuminated also.

This switch is operated by a key kept in Dodworth signal box.
Before a propelling movement is made from the Arrival line into No. 14 Empty siding, the Guard must first obtain the switch key from the signal box. A proper understanding must be arrived at with the staff in charge of locomotive(s) working in the sidings at the loaded end of the screens to ensure that no conflicting movement will be made and that all the points are correctly set for the appropriate Empty siding. The switch must then be operated to illuminate the red lights and give the yellow proving indication light.
The Guard must switch off the lights when the empties have been disposed of and the locomotive despatched towards the Outlet signal at Dodvorth signal box and then return the switch key to the Signalman.

## CLAYTON WEST BRANCH

## EMLEY MOOR COLLIERY

Delete line heading and instruction and substitute:-
SKELMANTHORPE BRANCH
The gravitation of vehicles into Emley Moor Colliery Sidings is prohibited.
When a train is ready to leave Skelmanthorpe Ground frame for Clayton West Junction, the Driver must obtain permission to do so from the Signalman at Clayton West Junction.

## BARNSLEY STATION JUNCTION TO HORBURY JUNCTION

Page 249

## WOOLLEY COAL SIDING

Add the following as first item under heading :-

## Movements between Arrival/Daparture Line 1 and Colliery

1. After arrival of the train on the Arrival/Departure line 1 at Signal W. 263 the locomotive must run round via the Up Main line.
2. The Guard must advise the Signalman when the train is ready to be propelled to the Colliery Sidings.
3. When signal $W .263$ is cleared, the Guard must signal the Driver to propel the train and bring it to a stand with the locomotive cab adjacent to the marker board/bell.

## E.R. SECTIONAL APPENDIX (NORTHERN AREA)—continued

## LOCAL INSTRUCTIONS-continued

4. The Guard must walk forward and after obtaining permission for the train to enter the Colliery authorise, the propelling movement to continue to the approach side of Signal W. 290 by operation of the set-back plunger.
5. The Guard must then obtain permission from the N.C.B. Staff for the train to complete propelling into the Empty Sidings.
6. The locomotive, after being detached, must proceed to the loaded Sidings and be attached to the first ten loaded wagons. After both portions of the train have been prepared (first portion brake tested), the Guard must advise the Signalman.
7. Upon clearance of Signal W. 290 the first portion of the loaded train must be drawn forward and then set back to the rear portion of the train.
8. The Guard must advise the Signalman when the train is ready to depart. Add:-

## Arrival of Up trains in Woolley Colliery

1. When Crigglestone Jn. signal box is open, Guards of trains arriving in the sidings are exempt from carrying out the provisions of the Rule Book, Section H, Clause 4.13.
2. When a train is to be worked into Woolley Colliery and Crigglestone Jn. signal box is closed, the Guard will be advised accordingly by the Signalman at Horbury Jn. and the provisions of the Rule Book, Section H, Clause 4.13 must be observed.

## ALDWARKE NORTH JUNCTION (MID) TO LEEDS NORTH JUNCTION Page 250

## STOURTON TRADING ESTATE

## Stourton Trading Estate Level Crossings.

Delete paragraph 2.
Re-number remaining paragraphs 2 to 5 .
B.S.C. Secondary Level Crossing.

Paragraphs 1 and 3.
Amend "Leading Railman" to read "Guard".
WAKEFIELD KIRKGATE WEST JN. TO GOOLE POTTERS GRANGE JN. Page 253

## HENSALL

Amend reference to signal 26 to read signal 6.

ALDWARKE NORTH JN. (MID) TO GASCOIGNE WOOD
Page 254
FERRYBRIDGE ' $C$ ' POWER STATION
Amend:-

## C.E.G.B. Level Crossing

The instructions in the General Appendix headed "Automatic Open Crossings, Locally Monitored (AOCL). At crossings where trains are not required to stop," apply as far as practicable, at this crossing.

Page 255
Amend line heading :-
LEEDS, WHITEHALL JN. TO BRADFORD INTERCHANGE

## E.R. SECTIONAL APPENDIX (NORTHERN AREA)-continued

LOCAL INSTRUCTIONS-continued

Page 256

## BRADFORD EXHANGE

Amend heading to:- BRADFORD INTERCHANGE

## Page 257

Add:-

## SHIPLEY, GUISELEY JN. TO GUISELEY

Except for Engineers trains, only fully fitted trains, light locomotives and locomotives with not more than two brakevans are permitted to run in the Down direction between Guiseley Jn. and Guiseley. Engineers trains which are not fully fitted must have a locomotive at the Guiseley Jn. end.

## leeds to hull paragon

Page 260
Add:-

## BARLBY NORTH JN.

Working of Engineers trains to and from the former Down and Up Main lines to York. The former Down and Up Main lines will be used as Engineers Arrival and Departure lines respectively.
Arriving trains must be signalled onto the Arrival line to signal S1971 which is fixed at red. Trains must be authorised to proceed past this signal by the Engineer's Person in charge.
Departing trains must proceed to departure line signal S1972. The Engineer's Person in charge must advise the Signalman that the train is ready for departure and obtain his permission to remove the scotch block. The Signalman must be advised when this has been done and the signal may then be cleared for the train to depart. Immediately after the train has departed, the scotch block must be replaced and padlocked across the line and the padlock key retained by the Engineer's Person in charge.

Page 260

## HULL

Add:-
Position light signals. Referring to the Rule Book, Section C, Clause 3.1.3., certain position light signals display two white lights horizontally for the normal position. These signals need not be observed when a movement is made under the authority of a yellow, double yellow or green aspect, but in no other circumstances may a signal of this type be passed when the stop aspect is shown, except under the authority of the Signalman.

Page 263

## HULL PARAGON TO SEAMER WEST BRIDLINGTON

Delete line heading, heading and instruction.

## Page 269 MONKWEARMOUTH TO AUSTIN AND PICKERSGILLS SHIPYARD

## WEARMOUTH COLLIERY

Delete instructions and substitute:-

1. When empty wagons are being propelled to either loading siding, care must be taken that they are positioned correctly for loading beneath the hopper.
2. A locomotive must not proceed into the loading sidings for drawing out loaded wagons until the N.C.B. green light is illuminated.
3. Should the green light fail, movements must only be made when authorised by the N.C.B. Traffic Foreman.

## E.R. SECTIONAL APPENDIX (NORTHERN AREA)-continued

## LOCAL INSTRUCTIONS-continued

## Page 269 TYNE DOCK BRANCH

Add:-

## JARROW YARD

If an Up Class 9 train cannot be shunted into the spur for subsequent departure from signal 702, owing to its length, the Signalman must be advised and arrangements made for it to be hauled on to the single line by the pilot locomotive to the rear of signal 708.

## Page 277 GATESHEAD HIGH LEVEL BRIDGE JN. TO CARLISLE PETTERIL BRIDGE JN.

NORWOOD JN.

Delete heading and instructions.
NEWCASTLE WEST JN. TO NEWBURN

## Elswick Ground Frame

Delete line heading and instruction.
© INSTRUCTIONS AFFECTING EASTERN REGION TRAINMEN WORKING OVER THE LINES OF THE TYNE AND WEAR METROTABLE A


## E.R. SECTIONAL APPENDIX (NORTHERN AREA)—continued

# INSTRUCTIONS AFFECTING E.R. TRAINMEN WORKING OVER THE LINES OF THE TYNE AND WEAR METRO 

LOCAL INSTRUCTIONS
Page 283
Add:-
FAWDON STATION AND BRUNTON LANE LEVEL CROSSINGS (A.O.C.L.)

General Appendix, Section 7, Automatic Open Crossings, Locally Monitored (A.O.C.L.)
3. At Crossings where trains are not required to Stop.

Speed restriction signs and flashing white lights are not provided at these level crossings. Clause 3 is modified accordingly.

## TRAIN CREW MANUAL B.R. 33056

Class 08/09/13 Locomotives-B.R.33056/70
Page 28 (Clause 9.1.)
Amend reference to " 10 m.p.h." to " 15 m.p.h.".

Class 141 DMMU Trains (B.R.33056/97).
Page 1. Section 2
Amend second sentence to read:-
Depress the warning light test button, noting that the indicator lights for FIRE G'BOX TRAIN and G‘BOX LOCAL illuminate. Depress the pre-heat push button and check that:-

## Page 3, Section 14

Amend second sentence to read:-
Depress the pre-heat push button and repeat Clauses 12.1 to 12.8 .

## Section 15

Add at the end:-
Depress the pre-heat push button in the leading driving compartment of the third unit as necessary.

# WORKING INSTRUCTIONS FOR CLASS 253/254 TRAINS—B.R. 33069/2 <br> DATED OCTOBER 1980 

## Section 2-MODIFICATIONS TO THE RULE BOOK

## Page 2

Insert new item 2.1.
2.1. Section $H$, clause 3.7.2.

Add:-(c) If the loud note control become defective, the train may continue in service but the maximum speed must be reduced to $100 \mathrm{~m} . \mathrm{p} . \mathrm{h}$. The defect must be remedied before a subsequent turn is worked.
Existing items 2.1 to 2.5 . to be renumbered 2.2. to 2.6.

## Page 3

Delete clause 2.6 (re Rule Book, Section H, clause 7.3.1)
(MTN 56/31)

## Page 5

Item 7.1.3 Amend last sentence of first paragraph to read:-
'The brake pipes and main reservoir pipes between trailer vehicles must be coupled, and their cocks must be opened on both sides of the train'.

Page 6, Item 7.2.2.3
First sentence, delete at the end '. . . and that pressure rises in the brake cylinders.'
Last sentence, delete at the end '. . . and the brake cylinder pressure reduces to zero.'

## Page 8

Amend numbering of existing items 7.4.5 - 7.4.10 to read 7.4.6 - 7.4.11. Add new item 7.4.5:-
If in the course of a journey it is necessary to isolate the brake pipe pressure control unit on the rear power car the Driver must be informed and he must then limit the speed of the train to $10 \mathrm{~m} . \mathrm{p} . \mathrm{h}$. below the maximum speed of the line, or $10 \mathrm{~m} . \mathrm{p} . \mathrm{h}$. below such other lower speed restriction shown in Table ' $A$ ' of the Sectional Appendix. On completion of that journey the train must be taken out of service since, on reversal, it will not be possible to charge the brake pipe from the now-leading power car with the brake pressure control unit isolated.

MTM 56.1.4 (2)

## Page 10

Item 7.5.2 Amend first sentence to read:-
'If a brake pipe hose becomes defective between two trailer vehicles the cock on both sides of the defect must be closed'.
Item 7.6.1 Amend first sentence to read:-
'If a main reservoir pipe hose becomes defective between two traifer vehicles the cocks on both sides of the defect must be closed'.

Page 14-Section 13.
Clause 13.1. The first paragraph of this instruction does not apply in the Sc.R. on the E.C.M.L. between the Regional boundary and Aberdeen (both main and diversionary routes).

MTM 56/31
Page 21-Clause 19.2.
Add:-"except in emergency" after the word "must" in the second line.
MTN 54/16

## M.G.R. TRAIN WORKING AND OPERATING AT RAPID LOADING/UNLOADING INSTALLATIONS (COLLIERIES, POWER STATIONS etc.) (B.R.30059/5)

## INDEX OF COLLIERIES, POWER STATIONS AND OTHER DISCHARGE TERMINALS

| Location | Page number | Rapid Loading Facilities provided | Brake pipes etc. |
| :---: | :---: | :---: | :---: |
| Page 2 |  |  |  |
| Add:- |  |  |  |
| Bowers Opencast | 12 | - | 1 |
| Amend:- <br> Cadeby | - | - | 2 |
| Page 3 |  |  |  |
| Amend:- <br> Woolley | 29 | - | - |

Page 5
GENERAL WORKING INSTRUCTIONS

## Clause 1

Third paragraph - second line.
Delete the words "Class 6".

Page 12
Add:-
BOWERS OPENCAST
Not more than 17 loaded M.G.R. wagons must be worked between Bowers Opencast and Allerton Main Ground frame.

Page 15

## FRICKLEY COLLIERY

Paragraph 2
Amend:-
2. After run-round, the loading signals will be switched on to the "move at low speed in opposite direction to that required for loading" aspect and when signal 2 is cleared, the train must proceed through the bunker at a speed not exceeding 3 m.p.h. for tare weighing.

## GRIMETHORPE COLLIERY

Delete instructions and substitute:-

1. After a train has arrived at Signal GC. 4, 5, 6 or 7, it must subsequently proceed for tare weighing at a speed not exceeding 3 mph under the authority of the loading signals displaying the "Move at low speed in opposite direction to that required for loading" aspect when the appropriate bunker position light signal displays the clear aspect.
M.G.R. TRAIN WORKING AND OPERATING AT RAPID LOADING/ UNLOADING INSTALLATIONS (COLLIERIES, POWER STATIONS etc.) (B.R. 30059/5).-continued
2. The exhibition of the loading signals displaying the "Move at low speed in direction of loading" aspect may be taken as an indication that signal GC. 1 is clear for the train to be propelled.
3. When the last wagon of the train has been loaded and has been propelled clear of the weighbridge, the loading signals will be switched off and the train must continue to be propelled to the rear of signal GC. $4,5,6$ or 7 , as the case may be, for the locomotive to run round.
4. Crippled Wagons.

If a crippled wagon has to be detached into the sidings, the Guard must instruct the Driver and also contact the B.R. Person in Charge.

NOTE:-In the event of a failure of the N.C.B. dirt conveyors, increased use of the N.C.B. level crossing over the Coalite Departure line will be made by road vehicles and the crossing will be manned during that period.

Page 27

## SOUTH KIRKBY COLLIERY

## 2. Trains for loading

Add as new paragraph 2.1 :-
2.1 When a train arrives the loading signals will be switched on to the "Move at low speed in opposite direction to that required for loading" aspect and when signal 1 is cleared, the train must proceed through the bunker at a speed not exceeding 3 m.p.h. for tare weighing.

Re-number existing paragraphs as 2.2 to 2.7 .

Page 29/30

## WOOLLEY COLLIERY

Amend No. 1 Bunker Operator in paragraphs 4 and 6 to read :Colliery Weighman.

Page 31

## BLYTH POWER STATION

## 1. Working of Trains, East Hopper Lines

## Paragraph 1.2

Add as final sentence:-
The locomotive cab doors must be kept closed whilst the locomotive passes through the Hopper House.

## Paragraph 1.6

Amend:-
Over gross and tare weighbridges .. .. .. .. .. 6 m.p.h.
Through Hopper House when discharging .. .. .. .. $\frac{1}{2}$ m.p.h.
Over remainder of lines .. .. .. .. .. .. .. 15 m.p.h.

## 2. Working of Trains, West Hopper Lines <br> Paragraph 2.1

Add as final sentence :-
The locomotive cab doors must be kept closed whilst the locomotive passes through the Hopper House.

Paragraph 2.5
Amend:-
Over gross and tare weighbridges .. .. .. .. .. 8 m.p.h.
Through Hopper House when discharging .. .. .. .. $\frac{1}{2}$ m.p.h.
Over remainder of lines .. .. .. .. .. .. .. 15 m.p.h.

## MISCELLANEOUS NOTICES

## AUTOMATIC HALF BARRIER CROSSINGS (AHB): AUTOMATIC OPEN CROSSINGS, REMOTELY MONITORED (AOCR)

Engineers on-track equipment which cannot be relied upon to actuate track circuits must not proceed over these crossings until the person in charge is satisfied it is safe to do so.

## PLATFORMING OF TRAINS AT SHORT PLATFORMS IN WEST YORKSHIRE

All trains formed of more than three coaches calling at Fitzwilliam, Deighton or Slaithwaite, or formed of more than four coaches calling at Bramley, Saltaire, or Crossflatts must be stopped with the leading three or four coaches, as applicable, at the platform. Guards of such trains must advise passengers accordingly. Stations equipped with a public address system must make suitable loudspeaker announcements prior to the departure of a train which exceeds three or four coaches, as applicable, and will call at any of these stations.

## STABLING OF CLASS 20 AND CLASS 40 LOCOMOTIVES

These classes of locomotives must each carry two wooden scotches and when the locomotives are left stabled the Driver must ensure :-

1. The hand brake is applied.
2. A wooden scotch is applied to each side of one wheel.
3. The scotches are moved and replaced in the locomotive before moving.

Note: (i) It is essential that scotches are applied to wheels before commencing disposal duties otherwise danger of runaway can exist.
(ii) Until modifications are completed those, Class 20 locomotives which require to be scotched on stabling are identified by a notice adjacent to the parking brake handwheel and such locomotives must be subject to the conditions set out as Note 3 to the table on page 1.59 of the General Appendix.
(MO 45/1420)

## CLASS 253 AND CLASS 254 TRAINS: WORKING INSTRUCTIONS

Referring to Clause 7.4.3 of Booklet BR.33069/2; a train may enter service from a Maintenance Depot with the disc brake isolated on one Power Car wheelset per train. The tread brake on the affected wheelset must, however, be operative. The train concerned may remain in service and work at normal line speed. (MO/45/1314)

## MAXIMUM SPEEDS OF COACHING STOCK

## Locomotive Hauled Coaching Stock

Certain locomotive hauled coaching vehicles have been marked "100 m.p.h." or "100 m.p.h. S.M." and Guards working trains timed in excess of 90 m.p.h., which will be indicated in the working time tables by a + sign, must, if the train is not entirely formed of vehicles marked "100 m.p.h." or "100 m.p.h. S.M.", instruct the Driver NOT to exceed $90 \mathrm{~m} . \mathrm{p} . \mathrm{h}$.
Trains not indicated by a + sign in the timetable must NOT exceed 90 m.p.h. unless they are wholly composed of vehicles marked "100 m.p.h." or "100 m.p.h. S.M." in which case the Driver must be so advised by the Guard.

## VACUUM HOSE COUPLINGS-FREIGHT AND NON-PASSENGER CARRYING COACHING STOCK

When low position vacuum pipes are connected they must not be pinned together, thus when uncoupling is being performed the pipes will part automatically.
Pins must continue to be used when high position vacuum pipes are concerned, no matter whether they are coupled to low or high position pipes.
If it is necessary to place a low position pipe on a dummy coupling bracket, a chain must be used if one is affixed to the pipe. If no chain is affixed to the pipe it may be assumed that the dummy coupling bracket has been altered to allow the pipe to be held without a pin.

NOTE:
The above instructions amplify Clause 13 of the General Regulations for working the Vacuum Brake, as shown in Pages 15 and 16 of the General Appendix.

DOOR SECURING MECHANISMS<br>OCA, SPA, OAA, YCV, ZAA, ZDA<br>TYPE WAGONS

Incidents have occurred of doors on these types of wagons opening in transit and at Terminals. These have resulted in cases of passenger trains on adjoining lines being struck.
If not properly secured the control mechanism of doors of these wagons causes doors to drop, or rise, to the horizontal position. It is therefore vitally important to ensure doors are secured in line with the following.
Side doors on these wagons are secured by drop cotter pins held by chains. The cotter pin passes through a hole in a spigot and is secured by an ' $O$ ' ring fixed to the pin falling into place. This cotter pin must be inserted the right way round as it has only one flat side, which must be against the door face. Failure to do this means the cotter pin will not drop fully home and can result in the possibility of vibration causing the door to open.
The attention of all concerned is therefore drawn to the importance of ensuring that all doors are properly secured. If any doubt exists, the involvement of C \& W Staff should be sought.
(MO.34.430.1)

# "MOVEMENT OF 51 TONNE TVO AXLE TANK WAGONS AND 102 TONNE FOUR AXLE BOGIE TANK WAGONS IN THE DOWN DIRECTION BETWEEN DRYCLOUGH JN. AND HALIFAX" 

51 tonne two axle tank wagons and 102 tonne four axle bogie tank wagons (H, M, L, D or E) must NOT travel between Dryclough Jn. and Halifax Station in the Down Direction.".
(MO 34/63)

## WAGONS CARRYING LOAD EXAMINED/EXCEPTIONAL LOAD LABELS B.R.21348/9

The above labels are being reprinted with "not to be loose shunted, nor must other vehicles be shunted against this vehicle. Movement Restriction Code/Special Handling Code to apply". As some time will elapse before these new labels are introduced all existing copies of these labels must be amended before they are used.

## CONVERSION OF WAGON LS7029, PWA—MODIFIED PALVAN

The above wagon, which is fitted with a gull-winged door, will foul the W5 loading gauge and overhead wire installations when the doors are open. Will all staff note this point and ensure that the gull-winged doors are securely fastened before the wagon is moved.
The wagon carries warning notices to this effect and the doors should normally only be operated when the wagon is standing at a Depot.

## PRIVATELY OWNED WAGONS

Privately owned wagons, as the name implies, do not belong to British Rail. Our responsibility is for the movement of these wagons throughout the system and only in a few cases do we get involved with destining of these wagons. Therefore we have no authority to use these wagons away from their booked route. Any deviation from the planned movement of these wagons is therefore prohibited unless prior authority has been received from the owner of the wagon or his agent.
(M0.34. 686 J .)

## TRAIN REGISTER BOOKS BR 24847/1

Reference to Regulation 4 and 5 should be amended to read Regulation 3.4 and 3.5 respectively.

## ADLAKE 1400 AND LYDD RLO01 BATTERY ELECTRIC TAIL LAMPS

200 prototype Adlake 1400 and 200 prototype Lydd RL001 Battery Electric Tail Lamps (40 of each are allocated to the E.R.) are now in service for exterided trials.

## 1. Description

The lamp is powered by a non-rechargeable, long life battery and is activated automatically when placed on a lamp bracket. The lamp will then be illuminated, or remain off, depending on the amount of ambient light reaching the light cell. On the Adlake 1400 lamp, a flap is provided to over-ride the light sensitive cell and illuminate the lamp when required. On the Lydd RL001 lamp, a red push button switch provides a similar over-ride facility. The two types are illustrated below and can be easily identified by the different carrying handles.
A red low-battery warning light will be illuminated when the battery is reaching the end of its life.

## MISCELLANEOUS NOTICES-continued

## 2. Bringing the lamp into service

The person who places the lamp on a bracket must satisfy himself that it is in proper working order by using the test button before placing the lamp on the bracket.

## 3. Low-battery warning light

A lamp must not be brought into service if the low-battery warning light is illuminated but, if the warning light becomes illuminated during a journey, the lamp may remain in service until the end of the journey.

## 4. Use of over-ride

During fog or falling snow the flap or switch must be used in order to comply with the Rule Book, Section H, Clause 7.3.2. In normal circumstances the light sensitive cell must be allowed to work automatically.

## 5. Use of lamp

The lamp may be used on tank vehicles designed for the conveyance of highly flammable liquids (low flash point) or flammable gases.

## 6. Lamps not in use

When not in use, lamps must be stood in the upright position in order to keep the battery in good condition.

## 7. Control of lamps

Each of the lamps bear a serial number prefixed "A" for Adlake and "L" for Lydd.
Strict supervision of the use of electric tail lamps is essential, to enable a "Home" depot to ascertain quickly when a lamp is "out of course". Each Depot must maintain a book record of each occasion when a lamp enters or leaves the Depot and the trains on which they are used. Also on each occasion that a lamp is conveyed on a train, an 18 comment line of entry must be made on the train consist showing "B.E.T.L." and prefix letter and serial number.
(MO 33/17/9)
(A) ADLAKE 1400 Battery Electric Tail Lamp

B) LYDD PIOO1 Pattery Electric Tail Lamp


## MODIFIED EXPERIMENTAL BATTERY ELECTRIC TAIL LAMPS

20 ADLAKE and 20 LYDD lamps, incorporating modifications from the batch of 200 of each type introduce in 1982, are now being brought into service for trials. Improvements compared with the previous batch include the following:-

Improved carrying handle.
Red reflector plate.
Door seal to prevent contamination of inside of compartment by potash etc. Half cowl over lens to prevent lamp being obscured by build up of snow or ice. Hasp for padlock on battery compartment.
The Adlake lamps are numbered in the series 1501-1520 and Lydd lamps in the series 1701-1720.
Operation of both lamps is similar to the previous batch described in this notice. On the Lydd lamp a flap is provided to override the light sensitive cell for operation in fog or falling snow (on the previous batch of Lydd lamps this is done by pressing the red test button).
If any of these lamps fail do not attempt to change batteries. The lamps should be returned to S. \& T. Workshops, Crewe for attention. Staff should report any problems with these lamps and any suggestions for improvements to their Area Manager.
(MO33/17-9)

## FLASHING BATTERY ELECTRIC TAIL LAMPS

## 1. Introduction

A limited number of these lamps manufactured by Dorman Smith Ltd. of Southport are in service for trials. The lamps are numbered in the series 1 E to 150 E .

## 2. Description

The lamp is a one piece moulding in yellow plastic with an attached steel combined carrying handle and lamp bracket in the same colour.
The main features of the lamp are shown on the illustration.
The batteries have a life expectancy of 6 months.

## 3. Bringing the lamp into use

The lamp is activated by pressing the push button switch once; pressing the push button for a second time will switch the lamp off.
It should be noted the lamp is controlled by a light sensitive cell inside the lens unit.
If the lamp is switched on in daylight or in bright artificial light, the lamp may not illuminate. To check the lamp is working correctly, therefore, shield both the back of the lamp and the light sensitive cell beneath the lower half of the lens. If the lamp is working correctly it should start to flash.
4. Use of lamps on highly inflammable liquid and flammable gas trains Although the lamps are cleared for use on the above trains outside oil terminals, the lamp will not at present pass over studded lamp irons.

## 5. Fog or falling snow

The light sensitive cell should cause the lamp to flash in conditions of poor visibility. No over-ride switch is provided.

## 6. Duration of trials

The batteries at present in service should last until 31 October. If the trials continue after this date, instructions will be issued about changing batteries.


## 7. Lamp failure

If the lamp fails it should be sent to the S \& T Workshops, Gresty Road, Crewe for repair or condemnation. Regional Headquarters should also be advised in accordance with regional instructions.

## 8. Reports by staff

Staff should report any problems with the lamp (or any suggestions for improvement) to their Area Manager.
(MO33/17-10)

## PERIMAQUIP RAIL TRACK OVERHEAD MACHINE WORKING INSTRUCTIONS

## 1. General Instructions

1.1 The machine must work only on lines under Absolute Possession or on Sidings protected in accordance with the instructions on page 5.2 of the General Appendix.
1.2 The machine must not work on a line electrified by an overhead system unless an isolation has been obtained and the Engineering Supervisor in charge of the machine is in possession of a Permit to work.
1.3 Movements of the machine, and of the cantilever platform, must be made only on the instruction of a nominated Engineering Supervisor. A nominated Engineering Supervisor may supervise two machines working at the same site provided they are both within his sight.
1.4 When on rail the following equipment must be carried on the machine :1.4.1 2 sets of track circuit operating clips.
1.4.2 Not less than 12 detonators.
1.4.3 Not less than 2 red flags.
1.5 A red flag (red light at night or during fog or falling snow) must be carried on the machine visible to Drivers of trains or on track machines travelling in either direction on the line on which the machine is working.
1.6 When left by the lineside care must be taken to ensure that the machine and all ancillary equipment is secured to prevent removal of any part which could endanger the safety of trains, if removed by unauthorised persons.
1.7 A nominated Engineering Supervisor may supervise On-Tracking, Cross-Tracking or Off-Tracking of two machines which are positioned within 20 yards of each other, provided they are protected in accordance with these instructions

## 2. On-Tracking

2.1 Before the machine is moved from its stillage to an adjacent line on which it will work, the line concerned must be under Absolute Possession and the permission of the Person in Charge of the Possession must have been obtained.
2.2 If a line next to that on which the machine will work is open to traffig it must be protected in accordance with Section T, Part II of the Rule Book before the machine is moved from the stillage. This protection must be maintained until the machine is rail mounted and the ontracking bars have been removed.

## PERMAQUIP RAIL TRACK OVERHEAD MACHINE WORKING INSTRUCTIONS-continued

2.3 If the line next to that on which the machine will work is also under Absolute Possession and is being used by the Engineers trains or on-tracking machines, the Person in Charge of the Possession must not give permission for the Permaquip machine to be put on the line on which it will work until he receives an assurance from the Engineering Supervisor that one or more handsignalmen have been provided to stop trains on the adjacent line until the machine is rail mounted and the on-tracking bars have been removed.

## 3. Cross-Tracking

3.1 If it is required to move the machine over a line which is open to traffic to obtain access to another line, the intermediate line must be protected in accordance with Section T, part II of the Rule Book.
3.2 The provisions of Instruction 2.1 must be applied in respect of the line to which the machine is being moved.
3.3 The provisions of Instructions 2.2 and 2.3, as appropriate, must be applied to any line beyond the one to which the machine is being moved.

## 4. Off-Tracking

4.1 If the line next to that from which the machine is to be removed is open to traffic it must be protected in accordance with Section T, part II of the Rule Book before the machine is raised from the running line. This protection must be maintained until the machine is on its stillage and the on-tracking bars are removed from the line.
4.2 If the line next to that from which the machine is to be removed is also under Absolute Possession and is being used by Engineers trains or on-track machines, one or more hand-signalmen must be appointed to stop trains on the line concerned until the machine is on its stillage and the on-tracking bars are removed from the line.
4.3 The Person in Charge of the Possession must be advised when the machine is on its stillage and all ancillary equipment has been removed from the line.

## 5. Use of Cantilever Platform

5.1 The operating handle must be locked out of use and the key retained by the nominated Engineering Supervisor until the platform is required to be used.
5.2 If it is required to extend the cantilever platform over a line which is open to traffic, the line concerned must be protected in accordance with Section T, part IV, of the Rule Book.
5.3 If it is required to extend the platform over a line which is also under Absolute Possession and is being used by Engineers trains or on-track machines, the permission of the Person-in-Charge of the Possession must be obtained and one or more handsignalmen must be appointed to stop trains on the line concerned.
(ME—EG/O/27-YE/MO45/1464)

## SANDITE APPLICATION TRAIN

## 1. DESCRIPTION

1.1 Certain trains consist of a converted DMU trailer car, hauled or propelled by a main line locomotive or a converted EMU. Pumps and storage tanks for "Sandite", a mixture developed to improve wheel/rail adhesion when applied to the railhead, have been incorporated in the application vehicle. Application is controlled by a tumbler switch located at each end of the application vehicle.

## 2. MANNING

2.1 The Driving cab will be manned normally and the Sandite application vehicle by a guard who, in addition to his normal duties, will be required to switch the pumps on and off at pre-determined locations which will be advised to him and the Driver in writing when commencing duty.
2.2 In the case of the converted DMU, the guard must ride in the leading end of the application vehicle when it is being propelled and in the trailing end when it is being hauled.
2.3 To assist the guard in locating the areas to be treated the driver must sound 2 short blasts on the horn at the commencement and 3 at the termination point, or if it is necessary to slow the train to less than 20 m.p.h.

## 3. PROPELLING

3.1 The converted DMU vehicle may be propelled but propelling must be restricted to the shortest practicable distance. The EMU train must always be driven from the leading end.

## 4. SPEED

4.1 When the converted DMU vehicle is being hauled to, and between, sites when Sandite will be applied the maximum speed shown in the Table on page 2.2 of the General Appendix must be observed.
4.2 When the converted DMU vehicle is being propelled, the speeds shown in Table $F$ of the Sectional Appendix under the heading "Propelling of Freight Brake Vans" must be observed except that, during application of the Sandite mixture, the speed when running down gradients steeper than 1 in 200, through station platforms, or over level crossings must not exceed $20 \mathrm{~m} . \mathrm{p} . \mathrm{h}$.
4.3 When applying Sandite a constant speed of 20 m.p.h. (hauled or propelled) must be maintained.
4.4 If it is necessary to stop or reduce speed below $20 \mathrm{~m} . \mathrm{p} . \mathrm{h}$. on a section of line where Sandite is being applied the pumps must be switched off until the train is again proceeding at $20 \mathrm{~m} . \mathrm{p} . \mathrm{h}$.

## 5. OPERATION OF TRACK CIRCUITS

5.1 THE SANDITE APPLICATION TRAIN MUST NOT BE RELIED UPON TO OPERATE TRACK CIRCUITS WHEN SANDITE IS BEING APPLIED, AND FOR 200 YARDS AFTER APPLICATION HAS CEASED.
5.2 The train must be stopped at the signal box or controlled signal immediately in rear of a portion of line which is to be treated and the guard must advise the signalman the mileages between which Sandite will be applied and whether the train is to be hauled or propelled.

## PERMAQUIP RAIL TRACK OVERHEAD MACHINE WORKING INSTRUCTIONS-continued

5.3 If, when applying Sandite, the train is stopped at a signal with a telephone or call plunger this must be used immediately to communicate with the signalman. If a telephone or call plunger is not provided the guard must go to the signal box immediately and carry out the provision of the Rule Book, Section K, clause 3.1.6. If the telephone has failed the provisions of Section K, clause 3.3 must be observed and spraying suspended until the next signal box or controlled signal is reached, when the procedure detailed in clause 5.2 must again be followed.
5.4 When spraying is completed the train must be stopped at the next signal box or signal provided with a telephone, more than 200 yards beyond the point where spraying finished, and the signalman advised.
5.5 In the event of failure or mishap on a Track Circuit Block line the guard must go back and carry out full detonator protection.

## 6. INSTRUCTIONS TO SIGNALMEN

6.1 The Sandite Application Train must be signalled by the special Is line clear Signal 3-4-2 where train describers are not in use.
6.2 When advised by the guard that the train will apply Sandite in advance of his box, or the controlled signal concerned, the signalman receiving such advice must pass it forward to other boxes concerned, together with advice as to whether the Sandite Application Vehicle is being hauled or propelled.
6.3 When the train is applying Sandite and the Application Vehicle is HAULED or, in the case of the EMU train, is the rear vehicle, THE FOLLOWING TRAIN MUST NOT BE RELIED UPON TO OPERATE TRACK CIRCUITS.
6.4 Should the following train be a shunting locomotive (with or without vehicles) or a single car diesel unit the next train after that must also not be relied upon to operate track circuits.
6.5 Instructions 11.2 and 12.1.2 of the Instructions regarding the Running and Working of Engineers' Self Propelled "On-Track" Machines shown on pages 4.5 and 4.6 of the General Appendix must be applied to the Sandite Application Train when Sandite is being applied and to the following train(s) when the Sandite Application Vehicle is being hauled or is the rear vehicle whilst applying Sandite.
(U.F.N.)

A copy of this notice must be supplied to all Drivers, Guards, Signalmen and others concerned.

YORK
R. M. WILLIAMS

17 JULY, 1984 MO44/ND/32D REGIONAL OPERATIONS MANAGER
If the ND notice is not received by the normal time advise your Supervisor.


[^0]:    ***WORKING MANUAL FOR RAIL STAFF (B.R. 30054)
    WHITE PAGES-PART 6
    Following the recent complete re-issue of the White Pages (with the exception of Section " H " to be re-issued dated June 1984), the Index and certain pages referred to therein still refer to dates other than May 1984 in error. Please note all such pages should read May 1984.

